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1	468	(face or facial or body or hand or leg or beauty or acne or psoriasis) near2 scrub	USPAT; EPO; JPO; DERWENT	2002/05/29 12:20
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## Take along a beer for jellyfish stings

October 19, 1997

BY GERRY VOLGENAU

Free Press Travel Writer

It was a whip-like sting.

I felt it slap over my right shoulder as I was swimming in the Gulf of Mexico off Pensacola Beach several weeks ago.

"Jellyfish," I thought.

A day later, I asked a hotel clerk what to do about the angry rash that was blossoming on my shoulder.

"Meat tenderizer," she said.

Meat tenderizer?

As it turns, she was right.

Meat tenderizer, in fact, is useful for taking the ouch and itch from a number of stinging things you find in Florida and Caribbean waters, according to Dr. Wayne Riley, of the travel medicine service, Baylor College of Medicine in Houston.

That will probably be old news to anyone who's spent much time in and around warmer waters, of course. But if you're new to southern waters, pay attention.

### Jelly that bites

These stinging animals are called coelenterates, he said. About 9,000 species of them exist. But

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the ones we tend to run into are jellyfish (of course), Portuguese men-of-war (basically big jellyfish), sea anemones (which look like spiky little plants) and stinging coral.

makes  
learning fun

"These animals have venom-laden organelles or packets called nematocysts that are concentrated in the tentacles," he said.

Basically they slap you with the tentacles and the venom is transferred to your skin.

"Most are not very poisonous. That's the good news," Riley said. "But they can be very painful."

He said -- and I can verify -- they can sting, burn, break out in a puffy rash and, if left unattended, may blister. In the worst cases, people have muscle spasms and find difficulty breathing. But these are rare. If it happens, get to a doctor fast.

So what do you do if you're stung?

First here's what not to do, Riley said.

- *Do not* rub the area. That just spreads the venom.
- *Do not* put fresh water on the sting. That releases more venom.

Instead -- and you'll like this part -- grab a beer.

No, don't drink it. Pour it on the sting. Beer, wine, any kind of alcohol will detoxify the venom, Riley said.

So will meat tenderizer. Just sprinkle it on, like you're readying yourself for the oven.

"Vinegar is good, too," he said. "Pour it on liberally."

Sometimes you're not near any meat tenderizer or beer. In that case, Riley suggests that you wash it with sea water.

What else can you do?

- Take along a beer for jellyfish stings

- Take acetaminophen or ibuprofen for the pain.
- You can put ice on it. That, too, neutralizes the venom and also cools the heat.

### **Get a shave**

If you're stung in a hairy part of your body, you can shave it, Riley said. The shaving removes some of venom.

If you treat the sting early, it should go away in a day or so, he said. If you do nothing, it might last most of a week.

As for prevention, ask folks in the area where the jellyfish or men-of-war are. Riley said they tend to congregate, so you can avoid them.

Bring along a bottle of meat tenderizer. Or perhaps even more attractive, take a six-pack. After all, it's for medicinal purposes.

*Gerry Volgenau is the Free Press Travel Writer. Drop him a note at 321 W. Lafayette Blvd., Detroit 48226. Or call 1-313-222-6521. Or, send E-mail to [volgenau@det-freepress.com](mailto:volgenau@det-freepress.com)*

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# FactSheet

**Extension**

## Ohio State University Extension Fact Sheet

### Entomology

1991 Kenny Road, Columbus, OH 43210-1000

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## Bee and Wasp Stings

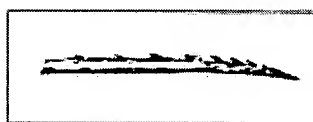
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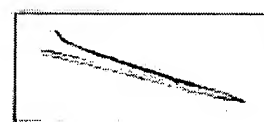
It is estimated that between one and two million people in the United States are severely allergic to stinging insect venom. Each year 90 to 100 deaths from sting reactions are reported, but many more deaths may be occurring, mistakenly diagnosed as heart attacks, sunstrokes or attributed to other causes. More people die each year from the effects of insect venom than from spider or snake bites.

Extreme human sensitivity to stings resulting in serious or fatal reactions is confirmed almost entirely to cases involving bees, wasps, hornets, bumble bees and ants (Order Hymenoptera).

Unlike most other allergies, insect allergy can cause a life-threatening disruption to breathing and circulatory systems called anaphylactic shock. For one person in 100, the sting of an insect can be fatal.



Honey Bee Stinger



Wasp Stinger

### Allergic Reaction Symptoms

Most people stung will experience a "local" reaction with redness, pain, swelling and some itching only at the sting site. If the reaction progresses quickly to sites other than the sting site or is followed by difficult breathing or choking at the throat, the person is experiencing a "systemic" allergic reaction (anaphylaxis) requiring emergency medical treatment.

Remember that if you are stung on the hand and your face begins to swell or hives break out all over your body, this is a serious condition requiring emergency room attention.

Normal Reaction:--Lasts a few hours. Sting site is painful, reddened, may swell and itch, but will quickly dissipate.

**Large Local Reaction:**--Lasts for days. Sting site is more painful, swelling and itching may be present both at the sting site and in surrounding areas.

**Severe Allergic Reaction:**--Can commence rapidly (in a few minutes) after the sting occurs. The whole body is involved. Person may feel dizzy (lightheaded), nauseated and weak. There may be stomach cramps and diarrhea. There can be itching around the eyes, a warm feeling or coughing, hives breaking out, followed with vomiting and swelling. There can be wheezing, difficult breathing (shortness of breath) or swallowing, hoarse speech, drop in blood pressure, shock, unconsciousness and darkened skin following. Reactions may occur in a few minutes with most deaths within 30 minutes, but some within 15 minutes and some in five minutes or less.

## **Systemic Sensitivity**

Doctors believe that once systemic sensitivity occurs, it almost always increases in severity with each following sting (varies in individual persons). The more quickly symptoms appear after the sting, the more severe the reaction. (Some beekeepers can no longer keep honey bees after several years due to severe allergic reactions developing). The problem occurs when some individuals produce excessive quantities of antibodies in their immune system. The excess antibody production usually follows the initial sting to which there is no reaction. However, when the person is stung again, the insect venom entering the body combines with the antibody, produced by the first sting, which triggers a series of internal reactions, resulting in severe allergic symptoms.

## **Stings**

Whenever stung, try to capture or know the identity of the insect to help doctors diagnose the trouble. When a bee or wasp stings, it injects a venomous fluid under the skin. Honey bees have a barbed stinger. Only the honey bee leaves her stinger (with its venom sac attached) in the skin of its victim. Since it takes two to three minutes for the venom sac to inject all its venom, instant removal of the stinger and sac usually reduces harmful effects. Scrape away with a sideways movement (one quick scrape) with a fingernail. Never try to use the thumb and forefinger or tweezers to pinch out the stinger since this maneuver forces (injects) more venom from the sac down into the wound.

Wasps, yellowjackets and hornets have a lance-like stinger without barbs and can sting repeatedly. They should be brushed off the victim's skin promptly with deliberate movements, then quietly and immediately leave the area.

## **Sting Prevention**

Persons, especially allergic to stings, should practice certain simple precautions to avoid being stung.

## **Outdoors**

Spray the patio, picnic and garbage areas with permethrin (Astro, Dragnet, Flee, Permanone, Prelude, Torpedo) or pyrethrins (Kicker, Microcare, Pyrenone, Pyrethrum, Synerol). Some formulations are restricted use. A licensed pesticide applicator or pest control operator can apply restricted use pesticides such as bendiocarb + pyrethrins (Ficam Plus), bifenthrin (Biflex), cyfluthrin (Tempo), cypermethrin (Cynoff, Cyper-Active, Demon, Vikor), deltamethrin (Suspend) and tralomethrin (Saga). Other labelled pesticides include acephate (Orthene), amorphous silica gel (Drione), bendiocarb (Ficam), carbaryl (Sevin), chlorpyrifos (Dursban, Empire, Tenure), diazinon, propoxur (Baygon) and resmethrin (Vectrin).

If you destroy the nests (aerial and ground) yourself, use a commercially available stinging insect control aerosol containing Baygon, pyrethrin, permethrin or resmethrin which can shoot a high-volume spray stream 15 to 20 feet, giving excellent quick knockdown and kill of wasps and bees hit. After dark or in the evening, most have returned from foraging to the nest. Thoroughly saturate the nest with spray, contacting as many insects as possible. Do not stand directly under an overhead nest, since some insects receiving some of the spray may fall but retain their ability to sting for some time. Repeat treatment if reinfestation occurs.

Again, it is always best, if allergic, to hire a professional exterminator to remove a nest. Never try to burn or flood a nest with water since this practice will only make these stinging insects angry and aggressive.

When eating outdoors, keep food covered until eaten, especially ripe fruit and soft drinks. Any scent of food, such as outdoor cooking, eating, feeding pets or garbage cans, will attract many bees and wasps (especially yellowjackets).

Keep refuse in tightly sealed containers. Dispose of refuse frequently (two times per week or more) during late summer and early autumn when most activity occurs.

Be careful not to mow over a nest in the ground nor disturb a nest in a tree or eaves of the home. Any disturbance often will infuriate and provoke stinging.

Should a bee or wasp fly near you, slowly raise your arms to protect your face and stand still or move slowly away through bushes or indoors to escape. Never move rapidly, which often provokes attack. Never strike or swing at a wasp or bee against your body since it may be trapped causing it to sting. If crushed, it could incite nearby yellowjackets into a frenzied attack. The wasp venom contains a chemical "alarm pheromone," released into the air, signaling guard wasps to come and sting whomever and whatever gets in their way.

If a bee or wasp gets into a moving car, remain calm. The insect wants out of the vehicle as much as you want it out. They usually fly against windows in the car and almost never sting the occupants. Slowly and safely pull over off the road, open the window and allow the bee or wasp to escape. Unfortunately, many serious accidents have resulted when the driver strikes or swings at the insect during operation of the vehicle. A small insecticide aerosol can for control of stinging insects, kept in the car away from children and pets, can be used in an emergency.

Pick fruits as soon as they ripen. Pick up and dispose of any fallen fruit rotting on the ground. Keep lawns free of clover and dandelions, which attract honey bees. Avoid close contact with flowering trees, shrubs and flowers when bees and wasps are collecting nectar. Vines, which may conceal nests, should be removed from the house, if practical.

## **Individuals**

Since perfume, hair spray, hair tonic, suntan lotion, aftershave lotions, heavy-scented shampoos, soaps and many other cosmetics attract insects, they should be avoided. Avoid shiny buckles and jewelry. Wear a hat and closed shoes (not sandals). Don't wear bright, colored, loose-fitting clothing, which may attract and trap insects. Flowery prints and black especially attract insects. To avoid stings, the beekeeper wears light-colored (white) clothing, preferably cotton (never wool).

Beginning beekeepers use bee gloves, a head veil, long sleeves and coveralls with the pant legs tucked

into boots or tied at the ankles to prevent unnecessary multiple stings. A bee smoker is always used before opening up an established hive. To avoid stings, stay away from any bee hives for an hour or more (depending on weather) after the beekeeper has gone. Bees are more angry on cloudy, dark rainy days in early spring of the year.

Hypersensitive persons should never be alone when hiking, boating, swimming, golfing, fishing or involved outdoors since help is likely needed in starting prompt emergency treatment measures if stung. It is wise for the person to carry a card or to have an identification bracelet or necklace, such as "Medic Alert," identifying the person as hypersensitive to an insect sting. It will alert others to the condition in an emergency when sudden shock-like (anaphylactic) symptoms or unconsciousness (fainting) occurs after one or more stings. Medic Alert tags can be purchased at Medic Alert Foundation, 2323 Colorado Avenue, Turlock, California 95380, (Telephone: 1-800-922-3320).

### **Normal Reaction Sting Treatment**

For stings causing itch, irritation, redness and swelling at the sting site, the following may be useful:

- Ice
- Baking Soda
- Meat Tenderizer--for people not allergic to bee stings. Use any brand with Papain. Make a paste with a few drops of water to a teaspoon of meat tenderizer and quickly apply to the sting to reduce pain and inflammation (breaks down components of sting fluid).
- Ammonia Solution--Apply a 1 to 2.5 percent solution no more than three to four times daily.
- Oral Antihistamines--Tablets may be chewed for faster relief, but liquids are more readily absorbed after oral ingestion (Chlortrimeton, Dimetane, Teldrin).
- Epinephrine Inhaler (Bronkaid mist, Primatene, Medihaler-Epi)
- Topical Steroids (Cortaid, Dermolate, Lanacort, etc.)
- Local Anesthetics (Benzocaine, Americaine, Dermoplast, Bactine, Foille, Lanacaine, Solarcaine)
- Oral Steroids--Prescription only.

These medicines can be located in a tackle box, in camping gear, in the car and in the home. Store at room temperature away from room lighting or sunlight.

### **Emergency Kits for Insect Stings**

Highly-sensitive persons should have two emergency kits prescribed for them by their physician within easy access at all times. One kit should be carried at all times and the other kept in the family car. It is best to store kits in a cool, dry place (refrigeration) with easy access. The kit contains one sterile syringe of Epinephrine (adrenalin) EPIPEN, ready for injection, four chewable, yellow tablets of Chlortrimeton (antihistamine), two sterile alcohol swabs for cleaning the injection site and one tourniquet. Inject the syringe into the thigh (subcutaneously) under the skin as soon as the first sting symptoms show. A tourniquet placed above the sting site, when on an arm or leg just tight enough to obstruct blood return but not so tight as to stop circulation, will help until medical treatment is obtained. Loosen the tourniquet every 10 minutes.

Other kits include ANA Emergency Insect Sting Kit and Insect Sting Kit available by prescription only at the drugstore or pharmacy.

### **Hypersensitivity Testing and Desensitization Program**



Diagnostic skin testing with insect venom(s) is recommended for those who have experienced immediate systemic reaction to an insect sting. About half of adult patients will react similarly or worse to another sting unless desensitized with a series of appropriate venom injections. The percentage of serious reactions to another sting is less with children, but may still occur. Immunotherapy is given about every four weeks, indefinitely, unless skin tests indicate the patient is no longer sensitive. Freeze-dried venom from honey bee, yellowjacket, baldfaced hornet, etc. is available. They are believed to be 98 to 99 percent effective.

The first year of insect sting shots costs about \$1,000 for a single venom. Subsequent years, when shots are given less often, run about \$500 each. Sometimes shots are stopped after five years, if one has had a negative skin test, never had a life-threatening reaction and received several stings without ill effect. Shots are not stopped on those who have had a life-threatening reaction and there is uncertainty about the patient being resensitized. Consult Midwest Allergy Associates, Inc., 85 East Wilson Bridge Road, Worthington, Ohio 43085 (Telephone: 614-846-5944) for more details on a Hypersensitivity Testing and Desensitization Program.

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All educational programs conducted by Ohio State University Extension are available to clientele on a nondiscriminatory basis without regard to race, color, creed, religion, sexual orientation, national origin, gender, age, disability or Vietnam-era veteran status.

Keith L. Smith, Associate Vice President for Ag. Adm. and Director, OSU Extension.

TDD No. 800-589-8292 (Ohio only) or 614-292-1868

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*Providing Health Care for the Prevention of  
Occupational Injuries and Illnesses*

## August 2000

### Bee Stings

It is estimated that between one and two million people in the United States are severely allergic to stinging insect venom.

Most people stung will experience a "local" reaction with redness, pain, swelling and some itching only at the sting site. If the reaction progresses quickly to sites other than the sting site or is followed by difficult breathing or choking, the person is experiencing a "systemic" allergic reaction requiring emergency medical treatment.

For stings causing itch, irritation, redness and swelling at the sting site, the following may be helpful:

- Ice
- Baking Soda
- Meat Tenderizer - for people not allergic to bee stings. Use any brand with Papain. Make a paste with a few drops of water to a teaspoon of meat tenderizer and apply to sting.
- Oral Antihistamines - tablets may be chewed for faster relief, but liquids are more readily absorbed.
- Topical Steroids - Cortaid, Dermolate, Lanacort, etc.
- Local Anesthetics - Benzocaine, Bactine, Solarcaine, etc.

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### Why Do Alcohol Testing?

Even though there is a steady increase in the number of employers adopting a drug-free workplace, many new programs miss the mark. In their quest to crack down on drug users in the workplace, employers often fail to test for the most widely abused drug among adults - alcohol.

Perhaps because alcohol is widely used and a legal substance, it seems less of a threat to workplace safety. Not so!

Alcohol is considered the most commonly used psychoactive drug in the United States.

Research shows that alcohol has a substantial impact on the work environment - affecting vision, judgment, reaction time and memory.

When employers review their policies they need to consider testing for both illicit drugs and alcohol.

Bottom line: alcohol testing can save companies money, especially when employer intervention is a key part of reducing workplace alcohol problems.

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**Delay in Flu Shots**

The annual vaccination against influenza will be delayed this year until early to mid-November.

Please contact WorkPro in October at (740) 439-8191 for scheduling of injections in November, December, and January.

If you are a new company and want information on the influenza vaccine please call Kim at (740) 439-8189.

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**New Hours for WorkPro**

Beginning September 1, 2000

Monday 8:00a.m. - 4:30p.m.

Tuesday 7:00a.m. - 4:30p.m.

Wednesday 8:30a.m. - 5:30p.m.

Thursday 7:00a.m. - 4:30p.m.

Friday 8:00a.m. - 4:30p.m.

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**Advisory Council**

Our Advisory Council meets every quarter. The purpose of the advisory council is to involve our local industry representatives with WorkPro. We discuss new services, changes, problems and any suggestions for improvement. If you would like to be involved in this council, please call Gaye at (740) 439-8712.

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**New Services**

Supervisor training for Drug and Alcohol awareness. This class is taught to supervisor/management personnel. After completing this class these trained individuals will be able to detect substance abuse and how to comply with company policies and regulations.

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**Classes**

Are your associates up to date with First-Aid, CPR, Blood Borne Pathogens and Vision Awareness Classes? If not, call Darla at WorkPro at (740) 439-8717 to schedule.

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**e-screen**

Just a reminder. Please call e-screen directly if you have any questions or need any results at 1-888-382-2084.

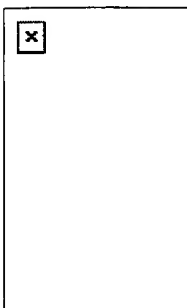
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**Community Awareness Kickoff**

Please mark your calendars for October 17 and 18, Southeastern Med is hosting a community awareness kickoff at the Pritchard Laughlin Civic Center to showcase the services and procedures provided by Southeastern Med. Hours on October 17 are from 10:00a.m. - 6:00p.m.; October 18 from 11:00a.m. - 5:00p.m. Come and enjoy!



# EX-CELL



An extremely gentle facial buffer with natural grains suspended in a creamy clay-like base, sloughs off dry, dulling cells for a finer, smoother skin texture. Use of this magnificent product will leave you with a fresh, glowing appearance! Small apricot seeds are pulverized to a fine texture and then the edges are rounded prior to the compounding process of this fine product. This assures extra-gentle cleansing and exfoliation.

EX-CELL contains the natural anti-aging enzymes of the pineapple and papaya plants known as papain and bromelain. The enzymes encourage natural exfoliation as well as increased cellular renewal leaving you with a fresher, smoother, younger appearance.

**Key Ingredients: Papaya Extract, Bromelain, Papain, Rounded Apricot Kernel Seeds.**

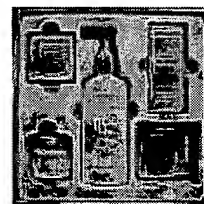
**Method of Use: After cleansing with Hydra Cleanse, massage EX-CELL in circular motion. Rinse with luke-warm water and pat dry. EX-CELL is gentle enough for daily use. Follow with DN-24 Hydracreme for maximum moisturization. In the shower use EX-CELL as a body scrub.**

**Retail Price 6oz \$17.50, Ball Beauty Price \$9.95**

Send  Pharmagel EX-CELL 6oz. @ \$9.95 ea.

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# WARM FUZZIES



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## First Aid thru Home Remedies!

This page is dedicated to those old Home Remedies that are passed down through the generations. Of course I must state that I am NOT a doctor, NOR am I in the medical profession in ANY way. Nothing you see on this page is being offered in the way of medical advise. If you think you may have a medical problem, please **SEEK COMPETENT MEDICAL CARE!** This page started out as home remedies that work for me or have worked for my family in the past.

But I soon found myself asking other people about their family home remedies and web response to this page has been phenomenal. So this page now includes contributions from other people I have talked with or who have browsed this page and added to my list. **THANK YOU** to everyone that offers additional remedies for us all to try! You also might like my [HANDY HOME HINTS](#) Page.

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**ACHES -**

**Combine mint with melted lard or petroleum jelly. Rub ointment on aching muscles.**

**Mix white dry mustard and enough tequila to make a paste. Place the mixture in the sun, until warm, then apply to the lower back. Cover with a warm towel.**

**Try a camphor and lard rubdown.**

**To ease the pain of swollen joints, soak pine needles overnight, strain, then add the liquid to your bath.**

**For sore muscles, grind an avocado pit and make a paste out of it with drinking alcohol (at least 80 proof) and rub on the aches.**

---

**ACNE -**

**Got a pimple you need gone by the weekend for your big date? Try using a little toothpaste on it when you go to bed. It won't heal over night, but it helps draw it to a head, so it will heal quicker.**

**Visine**

**Liquid Witchhazel**

**To cure acne, eat two cloves of raw garlic a day, one in the morning and the other at night. Continue for a month, and the acne will be cured. (Course my daughter said your human companionship would be cured too and the acne wouldn't matter!)**

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**ANTISEPTIC -**

**Not only is lemon a natural antioxidant, long known to prevent scurvy, it moonlights as a nontoxic bleach and disinfectant, antiseptic, stain-lifter and odor-eater.**

---

**ANXIETY -**

**If your nerves are on edge & you need to calm down, or if you can't get to sleep because of something on your mind, try a cup of hot tea made from chamomile and catnip (two herbs easy to grow in the garden).**

**Green Tea is supposed to temper the spirit, calm and harmonize the mind, arouse thought and prevent drowsiness.**

---

**ARTHRITIS -**

**Mash, then strain enough gel from the aloe vera plant to make 1 teaspoon aloe vera juice. Add liquid to a glass of orange juice or water, and drink every morning before breakfast.**



**For quick relief through the day, peel off the outer layer of the aloe vera leaf, then heat the gel. Apply to the affected area while still hot, as hot as you can stand it. Carefully wrap with clean rags or gauze.**

**Make a paste with tequila and ash leaf and rub on the sore joints.**

---

### **ASTHMA -**

**Inhale the vapors of steamed eucalyptus leaves.**

---

### **BITING/STINGING INSECTS -**

**Everyone knows they should wash the bite thoroughly with soap and water, but we rarely do. To control the inflammation and itching, try dissolving a teaspoon of baking soda in a glass of water. Dip a papertowel into the solution and place on the bite.**

**Dip a papertowel in ammonia and rub on bite, then bactine. Really takes the pain away quickly.**

**Try making a paste with salt or baking soda and a little water and applying it to the bite.**

**Try moistening your skin and rubbing an aspirin tablet right over the bite.**

**Dip the insect bite in hot salted water.**

**As a repellent, try mixing two capfuls of bleach in your warm bath before going out. Soak for 15 minutes, be careful to keep solution from your eyes and ears.**

**To draw poison from a bee sting or spider bite, try using a raw potato on the wound.**

**Make a paste of Vaseline and meat tenderizer and place on the wound.**

**Apply cooked cabbage at room temperature directly on the bee sting, then wrap with clean gauze or rags.**

**Apply damp bruton (?) snuff directly to the sting. Stops pain quickly.**

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### **BLOOD PRESSURE -**

**To level your blood pressure, drink alfafa tea every morning. PLEASE CHECK WITH YOUR DOCTOR!**

---

### **BOILS -**

**Boil cornmeal and spread in the center of a long strip of cloth. Wrap it around boil while still hot. The next day, the core of the boil can easily be removed.**

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**BRONCHITIS -**

Inhale the vapors of steamed eucalyptus leaves.

For bronchitis and phlegm buildup, try oregano tea.

---

**BRUISES -**

Rub menthol on injuries so that they won't bruise. It works!

Rub a mixture of aloe vera and drinking alcohol onto the bruise. It will be gone in half of the time that it would usually take to fade.

---

**BUMPS -**

Rub vinegar and salt on the bump.

---

**BURNS -**

Break off a piece of the lower leaf of the aloe vera plant and apply the fresh gel directly onto the burn.

A raw egg will cool a burn quickly, and will help prevent blistering and scarring.

Cover the burn with a minced raw onion, then wrap it with a clean cloth. Not only will the onion alleviate the pain, but it will prevent the burn from blistering.

---

**CANCER -**

Garlic has cancer-fighting properties. Rather than microwaving or roasting garlic immediately, researchers suggest that cooks let chopped or crushed garlic stand at least 10 minutes. If roasting, slice off the top third of the bulb to promote the formation of cancer-fighting compounds.

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**CHICKEN POX -**

Bathe in a tub of warm water and baking soda. After the bath, apply a paste of baking soda mixed with a little water.

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**CHOLESTROL -**

The antioxidants in red grapes are thought to be responsible for improvement in cholesterol levels and immunity, and for reducing the risk of cardiovascular disease.

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**COLD SORES -**

Supplement your diet with 2,000-3,000 milligrams of the vitamin Lysine.

Apply zinc solution as soon as you feel that tingling, helps speed healing time.

Break the sore and use witch hazel or alcohol to dry it.

---

**COLDS/FLU - Can't cure, but can shorten symptom time!**

Chicken soup, it is proven now! It's important to know that the onions, garlic, and sage are very important parts of chicken soup. Onions and garlic are from the same family, and boost the immune system. Sage works on the sinus congestion. (Sometimes I think the chicken is just to make the rest of it edible.)

Sip on a cup of chamomile, lemon, and honey tea. Add a small amount of whiskey to sweat out the impurities and rid the chest of phlegm.

Vitamin C! 500 milligrams four times a day can cut symptoms in half.

Zinc is supposed to cut colds by an average of seven days. Although toxic in large doses, it is now available in lozenges.

Two to three oil-free garlic capsules three times a day.

Wash your feet, especially the back and side of the heel, dry thoroughly, put on clean dry white socks, keep them on all night, repeat this the next morning. You will be surprised at the results.

When you come down with a cold, wait 2 days before taking a shower. On the third day take a shower, then have someone give you an alcohol rubdown. This will make you sleepy, so get under the covers and go to sleep. The next day the cold will be gone. (Let me know if this one works!)

---

**CORNS -**

Crush a raw garlic clove, then apply to the corn. Cover with a large bandage.

Paint the corn with red nail polish, and the thickened skin will fall off.

---

**COUGHS -**

A very soothing remedy for your children's cough is to mix lavender tea with a teaspoon or two of maple syrup. Kids love it, you may never use store-bought cough syrup again.

Slice a purple onion into thin spirals and layer. Drizzle them with honey and place in an airtight container. In 3 hours, you'll notice the onions have released their sweat. Take 2

tablespoons of this liquid every few hours or as needed to ease the cough.

---

#### **DEPRESSION -**

Try drinking basil tea to ease your sorrow.

---

#### **DIARRHEA -**

Use the BRAT Diet: bananas, rice, applesauce and toast. All these foods are supposed to have medicinal properties. Applesauce and bananas contain soluble fiber, which helps firm up stools. Bananas are also rich in potassium, which is often depleted. Toast and rice are bland, soothing, and binding.

Activated charcoal from a health food store is supposed to relieve pain and gas and absorb the toxins that cause diarrhea.

Treat with alternating hot and cold compresses on the chest, abdomen and back. Place a hot towel over your chest and abdomen. Wrap a sheet and blanket around you leaving only your head exposed. Rest three or four minutes with no fever, (one minute if you do have a fever). Replace hot towel, wrap again for approximately 30 seconds. Now remove hot towel and place a damp cold towel (cooled in the refrigerator) over the same area. Wrap yourself up again for 10 minutes. Roll over and repeat process from the top of your shoulders to your waist. Many people say they experience relief within a few hours.

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#### **DROWSINESS -**

Try drinking green tea to prevent drowsiness.

---

#### **EAR ACHES -**

Put a few drops of warm (not hot!) baby oil, almond oil, sweet oil or cayenne oil in the painful ear, then tuck cotton in the ear.

Hold your hairdryer on the low, warm setting about two feet from your ear and aim the air into the offending ear.

Have a smoker blow cigarette smoke into the ailing ear.

---

#### **ENERGY -**

Place a small amount of sugar under your tongue and left it dissolve for a quick pick-me-up.

Soak a handful of pine needles overnight, strain, then add the liquid to your bath. This gives you the stamina you need to get through your day.

Take a cold friction bath for extra energy and zest. Immerse your whole body in the cold

water quickly. Rub all parts of your body under water vigorously with both hands. Get out of the bath the moment you start to feel chilly. Rub yourself briskly with a coarse towel. When dry, switch to another dry towel and rub briskly for another two minutes. Take twice a week for maximum effect.

---

### **EYES -**

To refresh tired or puffy eyes, place used tea bags in the refrigerator for fifteen minutes. Place on closed eyes for a few minutes.

To diminish bags under eyes, cut cold cucumber slices and place over eyelids for a few minutes.

---

### **GAS -**

A teaspoon of baking soda in a glass of water will relieve the pain of gas.

Drink a cup of water, as hot as you can stand it, with the juice from half of a lemon.

Drink basil leaf tea.

---

### **GUM -**

Try peanut butter to get chewing gum out of hair.

---

### **HAIR -**

To speed hair growth, mash the fruit of an avocado and apply the paste to your scalp. Leave on overnight, then wash as usual.

Try peanut butter to get gum out of hair.

---

### **HEADACHE -**

Headaches from fatigue or tension can be helped by a hot, wet towel which relaxes painful scalp muscles and speeds circulation through congested vessels.

Throbbing headaches usually stem from engorged blood vessels. Strong coffee helps to shrink those vessels.

Ice also helps to shrink engorged blood vessels.

---

### **HICCUPS -**

Peanut Butter is a sure fire cure! Swallow a tablespoon of it and it prevents the esophagus from contracting.

**Instead of holding your breath, try blowing it out in a slow, steady stream.**

**Swallow a teaspoon of dry sugar.**

**Bend over and drink a glass of water from the opposite side of the glass.**

**Slowly swallow 3 sips of water, while NOT breathing.**

**Drink vinegar. (Kids like to substitute pickle juice.)**

**Pour sugar on half a lemon or lime and squeeze into your mouth.**

---

### **INFECTIONS -**

**Boil cornmeal and spread in the center of a long strip of cloth. Wrap over infection while still hot. The next day, the swelling and rawness of the infection should be gone.**

---

### **INGROWN TOENAIL -**

**Use a sterilized, pointed nail file to thoroughly clean under nail and slightly "open" the wound (this hurts a little, but you have to do it). Wet toe with warm water. Pour salt over wet toe to form a mound over wound (the toe should be wet enough so that the salt becomes wet and starts seeping into the wound). There will be a slight stinging sensation - but this will go away within an hour. Let dry to a white crust on toe. Leave on overnight. This nearly cures overnight!**

---

### **KIDNEY STONES -**

**To rid the body of impurities, drink warm dandelion root tea. This will break down kidney stones.**

---

### **LICE -**

**Wash hair in vinegar, then comb out.**

**To prevent, not get rid of, head lice:**

**After you wash your hair and squeeze out the excess water, flip your head over and pour a few capfulls of Listerine (not the blue kind) onto your scalp. Don't rinse it out. Do this once a week.**

---

### **NAILS -**

**For weak nails, rub in a dab of olive oil on the surface of your unpolished, clean nails. Repeat daily.**

**To strengthen nails, rub a clove of raw garlic on the fingernails every day.**

---

#### **NAUSEA -**

**If you feel like you are going to throw up, put a pinch of baking soda on your tongue. Drink 1/2 cup water. You should feel better immediately.**

**Chew on fresh mint.**

---

#### **NOSE BLEEDS -**

**A cold cloth on the bridge of the nose or forehead sometimes seems to contract the bleeding vessels and help stop them up.**

**Gently press the sides of your nose together between your thumb and forefinger and increade pressure. Hold for at least five minutes before releasing to see whether bleeding still continues.**

---

#### **POISON IVY -**

**Don't have any calamine lotion handy, try toothpaste and let it dry.**

**Or try Milk of Magnesia.**

**Take an oatmeal bath.**

**If you know you've been exposed, wash your skin with rubbing alcohol and then water, before the rash has time to appear. But don't use a rag, as that will spread the oil on your skin around.**

**If you know you have to mess with it, try spraying your skin with antipersirants first.**

---

#### **SINUS CONGESTION -**

**Take cooking sage and steep it in hot water with a tea infuser (or you can put some in a coffee filter, and make your own teabag). You might want to drink with honey, because it tastes kinda like grass, but it does the trick... do it before bedtime, but only drink one cup a day... it builds up in your bloodstream. A friend of mine used it for mouth ulcers too!**

**Suck on half a lime to clear your stuffy nose.**

**Inhale camphor steam.**

---

#### **SKIN CARE -**

**Mash the fruit of an avocado, then apply the paste to your skin. Leave 15 minutes, then rinse with warm water. If you do this once a week you'll notice a difference right away.**

---

#### **SNORING -**

Someone's snoring keeping you awake nights? Try buying an ionizing machine and putting it in the bedroom.

Try nudging them to sleep on their side instead of their back.

---

#### **SORE THROAT -**

For a sore throat, gargle with Dr. Tichner's if you can handle it (worse than Listerine).

Gargle with warm salt water. Some say add a touch of basil.

Garlgle with 1 tablespoon vinegar in a glass of warm water.

---

#### **SPLINTER -**

Take a small piece of bacon fat and tape over a splinter. Overnight the fat will draw the splinter out of the wound.

---

#### **STOMACH, SOUR OR UPSET -**

Seems to be great healing power in a glass of Coke with a straw in it when you are sick. It sooths a sour stomach... may be the carbonation.

Try hot Dr. Pepper with lemon in the winter for this.

Other people swear by 7-Up.

Soaking in water as hot as you can stand will almost always end a stomach ache.

---

#### **SUNBURN -**

Aloe Vera plant, break open the leaf and spread the gel on your sunburn.

Put 1 cup of white vinegar into a tub of cool water and bathe.

Sprinkle baking soda in your bath and instead of drying off, let it dry on your skin.

Put oatmeal in a mesh bag and let the water run through it, remove the bag before you bathe.

---

#### **TOOTHACHE -**

Gargle a small amount of drinking alcohol in your mouth targeting the side where the bad tooth is. (The user who left this message, preferred peach snaupps.) Just hold a mouth full for a minute or two then spit.



**Dab warm oil of cloves onto the cavity area with a toothpick.**

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## **ULCERS -**

**Squeeze enough gel from an aloe vera plant to make one teaspoon of aloe vera juice. Add to to a glass of orange juice or water, and drink every morning before eating.**

---



Thank you to the following people for contributing remedies or ideas to this page (People who have left ideas with email handles but no real names are still appreciated, but have not been included in this list):

Jodi Cox, Carmen O'Donovan, Michael Glover, Virginia Herion, Scott Horton, Prerana (Rani) Jayakumar, Sharon E. Jones, Betty Mrdja, Lisa Schmeckpeper, Nan Schroeder, Jim Sims, and Amanda Thomas.



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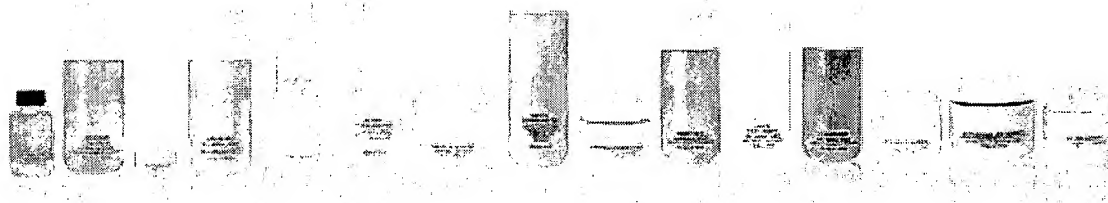
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## Private Label Product Manual

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### I. Facial Cleansers

#### 101 Camphor Souffle

Camphor Souffle is a powerful pH balanced facial cleanser recommended **for normal to oily and problem skin**. It is highly effective on blemished skin. It instantly softens the tap water, dissolving the heavy sebum which usually clogs blemished pores. Use twice daily, massage onto the skin and rinse with tepid water. Follow with Camphor or Menthol Astringent lotion (for oily skin) /or Blemish Control Astringent, Eucalyptus AHA Toner and Bio-drying Lotion (on blemished skin), then Azulen day cream or other cream suitable for skin type. Contains: Aloe Vera Gel, Oleic Acid, Hydrogenated Polyisobutane, Coconut Acid, Herb Extracts: (Ivy and Watercress and Lime Tree and Lavender and Soap Wort), Cetyl Palmitate, Dimethicone Copolyol, Triethanolamine, Sodium Laureth Sulfate, Camphor, Clove Oil, Trisodium HEDTA, Quaternium-15, BHA/BHT.

#### 102 Mint Souffle

Mint Souffle is a mild pH balanced facial cleanser recommended **for normal to oily and combination skin types**. It instantly softens the tap water and dissolves oily and contaminated sebum from the skin's surface. Use twice daily, massage onto the skin and rinse with tepid water. Follow with Menthol Astringent Lotion, then any day cream suitable for skin type. Contains: Aloe Vera Gel, Oleic Acid, Hydrogenated Polyisobutane, Coconut Acid, Shea Butter, Dimethicone Copolyol, Herb Extracts: (Fucus and Thyme and Horsetail and Sage), Triethanolamine Sodium Laureth Sulfate, Menthol, Spearmint Oil, Sassafras Oil, Disodium EDTA, Quaternium-15, BHA/BHT, Carmine.

#### 104 Gentle Cleansing Gel

This Gentle Gel is specially formulated **for normal to dry and sensitive skin**. It cleans the face thoroughly while moisturizing with natural botanical extracts. Apply cleansing gel with moistened hands, gently lather, then rinse. Follow with toner and moisturizer. Contains: Aloe Vera Gel, Decyl Polyglucose, Propylene Glycol,

Cocamidopropyl Betaine, Polyquaternium-10, Coltsfoot Extract, Hops Extract, Rosemary Leaves Extract, Sage Leaf Extract, Natural Fragrant Oil, Methyl Paraben, Propyl Paraben.

#### 105 Eye make-up Remover

Eye make-up Remover is a light oil-free cleansing liquid especially formulated for gentle removal of mascara and eye make-up from around the delicate eye area. Contains: Distilled Water, Chamomile and Saponaria Extracts, Glycerin, Lauroamphocarboxyglycinate and Sodium Trideceth Sulfate and Hexylene Glycol, PEG-40 Castor Oil and Guaiazulene, Sodium Chloride, Quaternium-15. [▲ GO TO TOP](#)

#### 106 Almond-Honey Scrub

Almond-Honey Scrub is composed of medium and fine almond meal, corn meal and wheat flour grains blended with super fine French Talc, Honey and Aloe Vera Gel. It works as a soft, natural exfoliating scrub removing dead skin cells, polishing the skin, and leaving it with a natural healthy glow. It is recommended for all skin types, except problem and blemished. Use twice a week. Mix a small amount of scrub with a few drops of water in the palm of the hand, lightly massage onto the skin's surface, then rinse with tepid water. Follow with an appropriate mask. Contains: Aloe Vera Gel, Propylene Glycol, Whole Wheat Flour, Almond Meal, Corn Meal, Cocoa Meal, Oatmeal, Honey, Apricot Kernel Powder, Walnut Shell Powder, Peach Kernel Powder, Hops Extract, Titanium Dioxide, Talc, Natural Fragrant Oil, Methyl Paraben.

#### 109 Enzyme Peeling Cream

Enzyme Peeling Cream is a gentle exfoliating cream for removing dead skin cells. It is recommended for all types of skin. Cleanse the skin. Apply peeling cream to the face and neck, avoiding eye area. Allow to dry for 1 minute. Remove with circular finger movements rubbing away buildup of dead cells. Follow with a moisturizer and a mask for appropriate skin type. Contains: Aloe Vera Gel, Microcrystalline Wax, Ceresin, Paraffin, Petrolatum, Glyceryl Stearate, Carbomer-940, Cetyl Alcohol, Triethanolamine, Papain Extract, MICA, Talc, Quaternium-15, Natural Fragrant Oil.

#### R-114 Silky Cleanser Used in RAYA Spa since 2000 Introduced as Private Label in October 2001

Silky Cleanser is a light foaming cleanser. It lifts away dirt, make up, and other impurities without stripping the essential lipids the skin needs to stay healthy and hydrated. Helps to keep the skin clear and smooth textured thanks to a potent blend of French sea waters, botanical extracts, and gentle seaweed and sugar based exfoliants. Silky cleanser is a perfect start to prepare the skin for the refining treatment, by improving the penetration of the active ingredients contained in subsequently applied skin care products.

Directions: Use twice daily, massage a small amount onto the face with moistened hands. Gently lather, then rinse. Follow with toner and moisturizer. Contains: Deionized Water, Aloe Vera Gel, Decylpolyglucose, Lauroamphocarboxyglycinate and Sodium Trideceth Sulfate and Hexylene Glycol, Propylene Glycol, Cocamidopropyl Betaine, Purified Sea Water, Stearic Acid, Peg-40 Stearate, Rosemary Leaves Extract, Chamomile Extract, Seaweed Extract, Fragrant Oil, Carbomer 934, Glycosaminoglycans, Yeast Extract, Triethanolamine, Polysorbate 20, Methyl Paraben, Propyl Paraben. [▲ GO TO TOP](#)

Caution: Avoid contact with eyes and mucous membranes. Keep out of reach of children. Use only as directed.

#### 120 Pineapple Enzyme Scrub

This is an effective exfoliating, retexturizing, refining, and nourishing treatment scrub. Efficient and non-abrasive exfoliation is achieved by the combination of Bromelain enzyme (which is obtained from pineapple) and the action of Jojoba beads. The enzyme helps to effectively remove excess surface cells, while the microspherical jojoba beads dissolve and release their nourishing jojoba oil into the skin. This process produces improved skin texture and leaves the skin with a luminous glow. The ultimate result is refined and moisturized skin. Directions: After cleansing, apply a small amount to wet face, and massage in circular motions. Rinse thoroughly, then follow with a moisturizer. Contains: Deionized Water, Aloe Vera Gel, Seaweed Extract (Laminaria Digitata), Propylene Glycol, Hydrogenated Jojoba Oil, Glycerin, Chamomile Extract, Hydroxypropyl Methylcellulose, Sodium PCA, Bromelain (Pineapple Enzyme Extract), Natural Fragrant Oil, Polysorbate 20, Methyl Paraben, Propyl Paraben, Quaternium-15.

#### 150 Azulen Milk

Azulen Milk is recommended as a make-up removing lotion and a gentle soapless cleanser for all skin types and especially for sensitive skin. It contains specially blended oils which dissolve heavy waxes contained in most make-up bases. Azulen helps to prevent the formation of inflammation and skin allergies because of its anti-bacterial properties. Use on damp cotton to wipe off make-up and cleanse the entire face. Remove excess with dry cotton. Contains: Aloe Vera Gel, Decyl Oleate, Dimethicone, Cetearyl Alcohol and Laureth-10, Carbomer-93 Soap Wort and Marshmallow Extracts, Camellia Oil, Disodium EDTA, Triethanolamine, Natural Fragrant Oil, Guaiazulene, Diazolidinyl Urea. Caution: This product is not intended for removing make-up from eyelids and around the eye area.

**152 Chamomile Fluid Cleansing Cream**

This is a gentle detergent-free fluid cleansing cream. It is recommended as a cleanser and make-up remover for sensitive, dry, and normal to dry skin. It helps to remove make-up and surface impurities while restoring the natural pH balance of the skin. It also rejuvenates the skin thanks to natural chamomile blossom extract and mucopolysaccharides. Contains: Aloe Vera Gel, Dimethicone, Hydrogenated Polyisobutane, Caprylic/Capric Triglyceride, Squalane, Stearic Acid, Cetyl Alcohol, Chamomile Blossom Extract, Sodium Alginate, Sodium PCA Mucopolysaccharides, Sodium Lactate, Triethanolamine, Retinyl Palmitate (Vitamin A), Disodium EDTA, Methyl Paraben, Propyl Paraben. ▲ [GO TO TOP](#)

**II. Facial Toners and Astringents****202 Aloe-Cucumber Astringent**

Aloe-Cucumber Astringent (alcohol free) helps to tighten pores, smooth the appearance of the skin, and give it a finer, softer texture. Herbal extracts and soothing Aloe calm possible irritations. It is recommended for dry and sensitive skin. Contains: Aloe Vera Gel, Cucumber Juice, Witch Hazel and Horse Chestnut Extracts, Propylene Glycol, Hexylene Glycol and Glucose and Fructose and Sucrose and Urea and Dextrin and Alanine and Glutamic Acid and Hexyl Nicotinate, Potassium Alum, Diazolidinyl Urea, Biotin, Natural Fragrant Oil, Chlorophyll, Caroten

**203 Menthol Astringent**

Menthol Astringent is an effective astringent and toner for normal to oily, and combination skin. It helps to fight bacteria, so it is highly recommended for skin having partial oiliness, and a tendency to break out. Apply with cotton several times daily. Contains: Aloe Vera Gel, Propylene Glycol, SD Alcohol 40, Lemon Juice, Hexylene Glycol and Glucose and Fructose and Sucrose and Urea and Dextrin and Alanine and Glutamic Acid and Hexyl Nicotinate, Menthol, Lactic Acid, Peppermint Extract, Chlorophyll, PEG-40 Castor Oil and Guaiazulene, Caroten

**204 Camphor Astringent**

Camphor Astringent is a very effective astringent and toner for blemished and oily skin. It fights bacteria, reduces sebaceous gland secretion and helps to dry up blemishes. Apply with cotton several times daily. Contains: Aloe Vera Gel, SD Alcohol 40, Lemon Juice, Hexylene Glycol and Glucose and Fructose and Sucrose and Urea and Dextrin and Alanine and Glutamic Acid and Hexyl Nicotinate, Lactic Acid, Camphor, Balsam Peru, Eucalyptus Extract, Chlorophyll, PEG-40 Castor Oil and Guaiazulene.

**III. Moisturizing and Special Treatment Products****300 Vitamin B Day Cream**

This highly effective, yet very light, day cream is recommended for normal to oily, blemished and problem skin. A complex of natural botanical extracts, vitamins, and amino acids help to moisturize and balance the skin, while natural Vitamin B Complex (Yeast Extract) helps to regulate oil gland secretion to reduce the possibility of clogged pores, inflammations, and breakouts associated with an oily skin condition and the use of make-up products. Contains: Aloe Vera Gel, Stearic Acid, Dimethicone, Propylene Glycol, Decyl Oleate, Cetyl Alcohol, Sodium Alginate, Blackcurrant Extract, Tamarind Extract, Apple Extract, Yeast Extract, Carbopol 934, d-Panthenol, Triethanolamine, Retinyl Palmitate, Hexylene Glycol, Glucose, Fructose, Sucrose, Dextrin, Glutamic Acid, Methyl Paraben, Propyl Paraben. ▲ [GO TO TOP](#)

**301 Azulen Day Cream**

Azulen Day Cream is a moisturizing under make-up cream for all skin types. Azulen and other herbal extracts leave a very thin protective layer on the skin which fights bacteria and prevents contact between the skin and the colored mineral salts and earths contained in most make-up bases or surrounding pollutants. It helps to prevent the formation of inflammations, pimples, blackheads and whiteheads, and also promotes quick clearing up of skin problems. It smooths and refines the skin, priming it for make-up. It is recommended for combination, and sensitive skin, as part of a highly effective skin care program. Contains: Aloe Vera Gel, Hydrogenated Polyisobutane, Stearic Acid, Cetyl Alcohol, Dimethicone, Sodium Alginate, Hazelnut Oil, Wheat Germ Extract, Sodium Hyaluronate, Triethanolamine, PEG-40 Castor Oil and Guaiazulene, Diazolidinyl Urea.

**302 Collagen Day Cream**

Collagen Day Cream is a luxurious and nourishing day cream recommended for normal and dry non-problem skin. It leaves skin soft and glowing and helps to prevent the early appearance of wrinkles. It contains the finest Hydrolyzed Collagen. It absorbs quickly and leaves a smooth, non-greasy finish, helps to tighten the cell connections to improve firmness. It contains sun-screen ingredients for medium sun protection. Contains: Deionized Water, Aloe Vera Gel, Decyl Oleate, Squalane, Cetearth-20, Glycol Stearate, PEG-40 Castor Oil, Cocoa Butter, Depollenized Beeswax, Avocado Oil, Wheat Germ Oil, Sesame Oil, Octyl Methoxycinnamate, Soluble Collagen, Allantoin, Lactic Acid, Natural Fragrant oil, Diazolidinyl Urea.

### 303 Bio-Hydrating Cream

Bio-Hydrating Day Cream is a highly effective lightweight emollient, moisturizing and rejuvenating day cream is a great all-around moisturizer. Recommended for all types of non-problem skin, it leaves skin soft and glowing. Excellent results are achieved when used with our skin care supplements. It contains the finest natural moisturizers: Sodium PCA, and Hyaluronic Complex (Mucopolysaccharides) imported from Japan and Europe, as well as Collagen, Elastin, and Seaweed extracts. This cream acts against skin dehydration and effectively helps improve firmness. Contains: Aloe Vera Gel, Caprylic/Capric Triglyceride, Peg-40 Stearate, Dimethicone, Squalane, Sweet Almond Oil, Tocopheryl Acetate, Polyamino Sugar Condensate and Sodium PCA and Sodium Lactate and Lactic Acid and Urea, Silk Amino Acid, Hops and Arnica and Horsetail Extracts, Milk Protein, Natural Fragrant Oil, Disodium EDTA, Methyl Paraben, Propyl Paraben, Carmine.

### 304 UltraLight Seaweed Day Cream

This very light, yet highly beneficial, moisturizing day cream is recommended for normal to oily, blemished, or problem skin. It contains a complex of marine extracts that offer natural minerals and vitamins. This synergy of marine extracts include spirulina, algae, fucus, green laminaria, and is very rich in trace elements. The Ultra Light Seaweed Day Cream helps to improve oxygenation. It also detoxifies, stimulates, and hydrates the skin. Ingredients: Aloe Vera Gel, Stearic Acid, Decyl Oleate, Propylene Glycol, Cetyl Alcohol, Dimethicone, Sodium Alginate, Seaweed Extracts (Fucus, Laminaria Digitata, Spirulina, Lithothamnion), Carbopol 934, d-Panthenol, Triethanolamine, Retinyl Palmitate, Hexylene Glycol, Glucose, Fructose, Sucrose, Dextrin, Glutamic Acid, Methyl Paraben, Propyl Paraben.

### 305 Vitaplex-C

Vitaplex -C (multivitamin revitalizing cream) (No.305) is an active, anti-aging, and revitalizing facial cream, with a generous content of vitamins C, A, D, B5, and E. It effectively provides a smoothing, lightening, and antioxidant skin treatment, while helping to stimulate the skin's own protection against UV radiation and environmental stress. In addition, Vitaplex-C activates skin's native collagen and provides moisturizing benefits through its natural herb extracts, nourishing oils, and exclusive amino acids. Use after cleansing and toning, twice daily. Effective for normal to dry, aging, and environmentally damaged skin. Contains: Aloe Vera Gel, Hydrogenated Polyisobutane, Stearic Acid, Cetyl Alcohol, Dimethicone, Sweet Almond Oil, Magnesium Ascorbyl Phosphate and L-Ascorbic Acid and Ascorbyl Palmitate, (Vitamins C Complex) PEG-40 Stearate, Carbomer 934, Aquasol Extracts of Chamomile, Gin Seng, Cucumber, and Ginkgo Biloba, Triethanolamine, Organic Citrus Extract, Hexylene Glycol and Glucose and Fructose and Sucrose and Alanine and Glutamic Acid and Aspartic Acid and Hexyl Nicotinate, Polysorbate-80, Hydrolyzed Vegetable Protein, d-Panthenol, Natural Fragrant Oil, Tocopheryl Acetate (Vit.E), Retinyl Palmitate (Vit.A), Cholecalciferol (Vit. D) Pantothenic Acid (Vit B5), Carrot Oil, Methyl Paraben, Propyl Paraben, Disodium EDTA, Quaternium-15. [GO TO TOP](#)

### 307 Revitalizing Cream (Live Yeast Oxygen Treatment)

This regenerating and calming day and night cream is recommended for normal to dry and irritated skin. Live yeast cell derivative has shown to possess soothing and anti-inflammatory properties as well as the ability to help increase oxygen utilization by the skin. Combination of Ginkgo Biloba Blend and Super Oxide Dismutase assists free radical scavenging, helping to offset the damage that leads to premature aging. Use as small amount morning and evening. Contains: Aloe Vera Gel, Decyl Oleate, Cetearth-20, Cetyl Alcohol, Glycol Stearate, Hydrogenated Polyisobutane, Peg-40 Castor Oil, Avocado Oil, Wheat Germ Oil, Hazelnut Oil, Allantoin, Extracts of Cucumber and Elder Flower and Chamomile and Orange Peel, Tocopheryl Acetate, Live Yeast Cell Derivative, Superoxide Dismutase, Veegum, Diazolidinyl Urea, Methyl Paraben, Propyl Paraben. Caution: Avoid contact with eyes and mucous membranes. Some users of this product may experience a mild transient stinging or may incur a mild skin irritation. If irritation becomes severe, discontinue use and consult your skin care professional. Keep out of reach of children. Use only as directed.

### 320 A Sun Protective Cream SPF-15

Sun Protective Cream (SPF=15) (No.320A) is a moisturizer for all skin types. It contains a sun filter for protection against UVA and UVB rays. Apply after cleansing and toning. Contains: Aloe Vera Gel, Hydrogenated Polyisobutane, Stearic Acid, Octyl Methoxycinnamate, Cetyl Alcohol, Benzophenone-3, Beeswax, Sodium PCA, Dimethicone, Sodium Alginate, Triethanolamine, Disodium EDTA, Keratin, Micronized Titanium Dioxide, Methyl Paraben, Propyl Paraben

### 320 B Sun Protective Cream SPF-30

Sun Protective Cream (SPF=30) (No.320B) is a moisturizer for all skin types. It contains a sun filter for protection against UVA and UVB rays. Apply after cleansing and toning. Contains: Aloe Vera Gel, Hydrogenated Polyisobutane, Octyl Methoxycinnamate, Stearic Acid, Benzophenone-3, Cetyl Alcohol, Micronized Titanium Dioxide, Beeswax, Sodium PCA, Dimethicone, Sodium Alginate,

Triethanolamine, Disodium EDTA, Keratin, Methyl Paraben, Propyl Paraben

### **321 Fading Cream with Hydroquinone**

Fading Cream is an excellent moisturizer and skin lightener, for non-oily skin types. It prevents moisture loss, while helping to lighten the skin. Best results are seen after 4-6 weeks of use. A subtle darkening, over time, of the color of the cream is a normal characteristic of the product. Keep away from eyes and mucous membranes. Keep out of reach of children. Contains: Aloe Vera Gel, Hydrogenated Polyisobutane, Squalane, Stearic Acid, Octyl Methoxycinnamate, Cetyl Alcohol, Dimethicone, Benzophenone-3, Sodium Alginate, Sodium PCA, Triethanolamine, Sodium Metabisulfate, Disodium EDTA, Methyl Paraben, Propyl Paraben. Active Ingredient: Hydroquinone, U.S.P.-2%. Caution: Avoid contact with eyes and mucous membranes. Some users of this product may experience a mild transient stinging or may incur a mild skin irritation. If irritation becomes severe, discontinue use and consult your skin care professional. Keep out of reach of children. Use only as directed.

### **322 Fading Gel with Kojic Acid**

This light (oil-free) fading gel is recommended for all types of non-sensitive skin. Repeated use will help to reduce the appearance of dark spots and discolorations. Use of sun protection is required to achieve desired results. Apply after cleansing and toning. Follow with a sun protection cream in the morning and a night cream in the evening. A subtle darkening, over time, of the color of the gel is a normal characteristic of the product. Keep away from eyes and mucous membranes. Keep out of reach of Children. Contains: Aloe Vera Gel, Hydroquinone-2%, Kojic Acid, Sodium Hyaluronate, Extracts of Pacific Sea Kelp and Yarrow Flowers, Hydroxyethyl Cellulose, Sodium Metabisulfate, Methyl Paraben, Propyl Paraben. Caution: Avoid contact with eyes and mucous membranes. Some users of this product may experience a mild transient stinging or may incur a mild skin irritation. If irritation becomes severe, discontinue use and consult your skin care professional. Keep out of reach of children. Use only as directed. [▲ GO TO TOP](#)

### **323 Aloe Vera and Herbs Soothing Gel**

This is an effective soothing, moisturizing, and skin conditioning gel made from natural Aloe Vera and botanic extracts. Apply daily on cleansed face or body. After completely absorbed, follow with your regular regimen. Contains: Aloe Vera Gel, St. John's Blossoms Extract, Arnica Blossoms Extract, Calendula Blossoms Extract, Carbomer 940, Triethanolamine, Methyl Paraben, Chlorophyll, Natural Fragrant Oil.

## **IV. Nourishing and Treatment Creams**

### **401 Collagen-Elastin Cream**

Collagen-Elastin Cream is a high quality emollient and nourishing treatment cream, which can be used as a day (under makeup) and night cream for normal, combination and dry skin. Contains a blend of fine oils, natural hydrolyzed collagen, hydrolyzed elastin, carrot oil (natural vitamin A), chlorophyll, and botanical extracts. Soothe and softens the skin, helps to improve firmness and elasticity. Contains: Aloe Vera Gel, Caprylic/Capric Triglyceride, Propylene Glycol, Sorbitan Monooleate, Glyceryl Stearate, Squalane, Cetyl Alcohol, Hexylene Glycol and Glucose and Fructose and Sucrose and Alanine and Glutamic Acid and Aspartic Acid and Hexyl Nicotinate, Polysorbate-80, Wheat Germ Oil, Hydrolyzed Vegetable Protein, Imidazolidinyl Urea, Soluble Collagen, Hydrolyzed Elastin, d-Panthenol, Retinyl Palmitate, Ascorbyl Palmitate, Natural Fragrant Oil, Chlorophyll.

### **402 Placental Cream**

Placental Cream is a luxurious regenerating anti-wrinkle night cream. It effectively helps to improve elasticity while nourishing the skin. Placental Cream is also an effective treatment which helps to revitalize, moisturize, and restore supporting tissue in aging skin, due to the active properties of placenta, vitamins, botanical extracts, natural milk protein, and other beneficial components. Placental extract, in particular, is a rich source of skin nutrients: 56 bio-active substances have been identified in placenta and surrounding cell fluid, including very important nucleic acids (RNA and DNA) and cystine. Placental Cream is recommended for all types of, non-oily, skin as a night treatment cream (it is also beneficial to the skin of the neck and décolleté). For specifically dry skin it can be used during the day under make-up. Contains: Aloe Vera Gel, Caprylic/Capric Triglyceride, Squalane, Sorbitan Tristearate, Steareth-2, Cetyl Alcohol, Polysorbate-65, Petrolatum, Sweet Kernel Oil, Propylene Glycol, Witch Hazel Extract, Hops Extract, Ginseng Extract, Tocopherol, Steareth-20, Retinyl Palmitate and Ergocalciferol, Albumin Serum, Beeswax, Lecithin, Placental Extract, Natural Fragrant Oil, Methylchloroisothiazolinone and Methylisothiazolinone.

### **403 Bio-Effective Cream**

Bio-Effective Night Cream is an active, highest quality, anti-aging skin revitalizing and regenerative treatment cream. This cream offers exceptional skin benefits due to its exclusive properties based on epidermin tissue complex, hyaluronic complex (mucopolysaccharides), natural vitamin complex (A, B, D3, E), selected botanical extracts and natural proteins. Epidermin tissue complex, in particular, contains extracts from the following

embryonic animal tissues: cutis, thymus, testes, ovary, placenta, mammae. They are free from estrogenic hormones and very beneficial for the skin. Epidermin tissue complex facilitates the skin's own biological synthesis of vital substances. This cream is a true biological stimulator for the skin and helps to increase the skin's elasticity and lubrication, improve moisture retention, and soften the skin, while helping to speed up the natural cellular renewal. Recommended for all types of, non-oily, skin as an anti-aging treatment cream. Contains: Aloe Vera Gel, Caprylic/Capric Triglyceride, Squalane, Avocado Oil, Sorbitan Trioleate, Oleth-2, Retinyl Palmitate and Cholecalciferol, Cetyl Alcohol, Polysorbate-65, Petrolatum, Sweet Kernel Oil, Propylene Glycol, Beeswax, Lecithin, Natural Fragrant Oil, Oleth-20, Silk Amino Acid, Bovine Serum, Spleen Extract, Avocado Oil, Hazelnut Oil, Animal Tissue Extract, Diazolidinyl Urea and Methyl Paraben, and Propyl Paraben ▲ [GO TO TOP](#)

#### **407 Microsilks-C (a unique delicate under eye micro-emulsion with Multi-Vitamins)**

The effective encapsulated extracts and vitamins in this silky micro-emulsion help to calm, tone and brighten the tired looking delicate tissue under the eye area. Apply morning and evening after cleansing and prior to makeup. Do not apply to the eye lid. Contains: Aloe Vera Gel, Hydrogenated Polyisobutane, Almond Oil, Squalene, Dimethicone, Shea Butter, Safflower Oil, Allantoin, Sodium PCA, Cetyl Alcohol, Glyceryl Stearate, Olive Oil, Peach Kernel Oil, Ginseng Extract, D-Panthenol, Hazelnut Oil, Hydroxyethylcellulose, Arnica Extract, Calendula Extract, Retinyl Palmitate and Tocopheryl and Ascorbyl Palmitate and Magnesium Ascorbyl Phosphate and Lecithin and Polysorbate-20, Propyl Paraben, Methyl Paraben, Sodium Chloride, Castor Oil. Caution: Avoid contact with eyes and mucous membranes. Keep out of reach of children. Use only as directed.

#### **408 Under Eye and Neck Cream**

Under eye and Neck Cream is a particularly revitalizing and fortifying cream for the fragile tissues around the eyes and on the neck. Containing Vitamins A, B, C, D3, E, F and H, it is specially blended with super-refined oils and active herbal extracts to help delay the appearance of expression wrinkles. Use a small amount morning and evening. Caution: Do not apply too close to the eyes. Avoid contact with mucous membranes. Contains: Aloe Vera Gel, Olive Oil, Propylene Glycol Stearate, Glyceryl Monostearate, Peach Kernel Oil, Shark Liver Oil, Milk Protein Albumin Serum, Isopropyl Palmitate and Linoleic Acid and Tocopherol and Retinyl Palmitate, Coneflower Extract, Thymus Extract, Animal Tissue Extract, Sodium Benzoate.

### **V. Extra Control Supplements**

Supplemental Cellular Treatments include active ingredients that respond to individual skin care needs to fortify moisturization and nourishment of the skin. For application, mix three to five drops with your lotion, day cream, night cream or masque as recommended. Or apply three to five drops directly to the affected areas before moisturizing or nourishing.

#### **501 Vitanol-A**

Vitanol-A is a liposome encapsulated system of Retinol, Vitamin C, Beta Glucans and Amino Acids. It softens and smoothes while helping to improve skin firmness. Retinol and Ascorbic Acid are potent stabilized anti-aging vitamins that are very effective in helping to visibly reduce the appearance of fine lines, wrinkles, age spots, sun damage, and large pores. Beta Glucans are derived from yeast cell walls and are extremely effective in increasing moisture, activating the immune system of the skin, and inhibiting irritation.

Direction: Apply directly to the skin after cleansing, or prior to the application of any other facial product. Best results are achieved when used twice daily. Daily use of a sun protection cream is recommended while using this product. Contains: Aloe Vera Gel, Aqueous Extracts of Chamomile, and Calendula, Ascorbic Acid and Polysorbate 20 and Lecithin, Hydroxyethyl Cellulose, Sodium PCA, Butylene Glycol and Yeast Polysaccharides, Polyamino Sugar Condensate, Carbomer 934, Triethanolamine, Disodium EDTA, Natural Fragrant Oils, Ginseng Extract, Allantoin, Retinol and Polysorbate 20 and Lecithin, Methyl Paraben, Propyl Paraben, Urea. Caution: Avoid contact with eyes and mucous membranes. Keep out of reach of children. Use only as directed. ▲ [GO TO TOP](#)

#### **503 Vitamin C Serum (oilfree)**

This active Vitamin C Serum (hydra-stabilized L-Ascorbic Acid) helps to reduce the visible signs of photo aging by helping to fight destructive free radicals. In addition the skin acquires important protection from damaging ultraviolet rays. These productive functions result in retextured, toned, and younger looking skin. The Vitamin-C Serum is made from organic citrus fruit concentrates, that are rich in vitamin C, and amino acids. Directions: After cleansing and toning, apply smoothly over the entire face, neck, and chest area. Allow to penetrate. Use a sun protecting moisturizer during the day, and for fine wrinkles, best results are achieved when used day and evening. Contains: Organic Citrus extract aqueous Blend, Propylene Glycol, L-Ascorbic Acid (Vitamin-C), Aloe Vera Extract, Yarrow Flowers Extract, Orange Peel Extract, Hexylene Glycol and Glucose and Fructose and Sucrose and Urea and Dextrin and Alanine and Glutamic Acid and Hexyl Nicotinate, Methyl Paraben. Caution: Avoid contact with eyes and mucous membranes. Some users of this product may experience a mild transient stinging or may incur a mild skin irritation. If irritation becomes severe, discontinue use and consult your skin care professional. Keep out of reach of children. Use only as directed.



### 505 Fruit Enzyme Serum (oilfree)

Fruit Enzyme Exfoliating Serum is a unique non-oily Natural Enzyme system which loosens blackheads and exfoliates other debris that clog pores. It also hydrolyzes (dissolves) and exfoliates the dead cells of the outermost layer of the skin's surface. It is recommended for all types of non-sensitive skin and is also very beneficial for problem, oily, pigmented, dull, and tired skin. Directions: Apply directly to the skin after cleansing, or prior to the application of any other facial product. Best results are achieved when used twice daily. Contains: Aloe Vera Gel, Aqueous Extract of Calendula, Thyme Leaves, Sage Leaves, Hydroxyethyl Cellulose, Papaya Extract, Pineapple Extract, Bromelain, Papain, Veegum, d-Panthenol, Retinyl Palmitate, Carbomer 934, Triethanolamine, Polyacrylic Acid, Natural Fragrant Oil, Sodium PCA, Methyl Paraben, Propyl Paraben, Diazolidinyl Urea. Caution: Do not use on skin that is irritated from the sun, extreme cold, peeling, waxing, or electrolysis. Do Not apply prior, or immediately following Glycolic Acid Peels, or Retin-A. Avoid contact with eyes or mucous membranes. Some users of this product may experience a mild skin irritation. If irritation becomes severe, discontinue use and consult your skin care professional. Keep out of reach of children. Use only as directed.

### 507 Line Preventing Treatment with Liposomes (oilfree)

Line Preventing Complex is an active anti-aging facial treatment for skin with diminishing metabolic functions. A unique complex of highly specialized ingredients that help to supplement the skin's own vital resources are increase firmness and smoothness, so the skin appears younger looking. It contains glycoproteins and ginseng extract to help increase oxygen uptake and promote the skin's natural rate of cell renewal. It also contains epidermin, liposomes, and hydroplex as very important components of this polyvalent tissue treatment. Line Preventing Complex is recommended for application to skin with diminishing cell functions, early wrinkles, and inadequate firmness. It is also ideal as a supplement (mix of 3-5 drops) to any cream, lotion or, masque during the application, it helps to revitalize and regenerate aging skin. Use twice daily, morning and evening for all skin type. Contains: Aloe Vera Gel, Animal Tissue Extract, Proteoglycan Aggregate, Hydrolyzed Silk, Lactose, Ginseng Extract, Plankton Extract, Pectin, Polyamino Sugar Condensate, Bioflavonoids, Diazolidinyl Urea, Methyl Paraben, Propyl Paraben. Caution: Avoid contact with eyes and mucous membranes. Keep out of reach of children.

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### 509 Vitasilk C

Vitasilk C is an exclusive Multi-Vitamin Facial Treatment. It contains an essential amount of Vitamin C, just the right concentration of Vitamins A and E, also beneficial minerals, and extra pure essential oils. VITASILK-C help the skin regain tone, moisture, silkiness and radiance. It provides a smoothing, antioxidant, brightening and protective treatment for all types of non-sensitive environmentally damaged skin starting to show signs of aging. When used prior to makeup, it helps to form a breathable moisture seal and helps to achieve a smooth and even application of makeup. Apply a small amount directly to the skin twice a day. Contains: Hydrogenated Polyisobutane, Sweet Almond Oil, Cyclomethicone, Isoparaffin, Isopropyl Palmitate, Evening Primrose Oil, Dimethicone, C 1-5 Alkyl Galactomannan, Magnesium Ascorbyl Phosphate and L-Ascorbic Acid and Ascorbyl Palmitate (Vitamin C Complex), Tocopheryl Acetate (Vit. E), Retinyl Palmitate (Vit. A), Squalene, Carrot Oil, Polysorbate 80, Blend of Natural Essential Oils, BHA/BHT, Caution: Avoid contact with eyes and mucous membranes. Keep out of reach of children. Use only as directed.

### R-511 Skin Refining Concentrate Used in RAYA Spa since 2000 Introduced as Private Label in October 2001

This advanced and powerful complex of Vitamins (A,C,E), natural Algae, Yeast Extract, Herbal Extracts, and exclusive acid-free marine technology gently enhances skin's own shedding cycle to help visibly improve texture, reduce pore size, calm irritation, and soften fine lines. It helps to achieve a more even skin tone, to calm over-reactive skin, and protect it from future damage.

Directions: apply on face and neck morning and evening after cleansing.

Follow with a moisturizer. This product is suitable for all skin types.

Contains: D.I. Water, Aloe Vera Gel, Purified Sea Water, Cyclomethicone, Chamomile Extract, Calendula Extract, Ginseng Extract, Fucus Algae Extract, Spirulina Algae Extract, Luminaria Digitata Extract, Hydrogenated Polyisobutane, Glyceryl Stea. Caution: Avoid contact with eyes and mucous membranes. Keep out of reach of children. Use only as directed.

## VI. Facial Treatment Masques

### 601 Natural Lecithin Masque

Natural Lecithin Masque is a nourishing treatment for normal and dry skin. Made from egg yolk, it contains natural lecithin (the most effective natural protein), natural vitamins, and specially blended oils, to smooth and refine the skin. Use twice a week. Spread a small amount of masque over entire face, avoiding eye area. Leave for 15-20 min., then rinse with tepid water. Contains: Aloe Vera Gel, Kaolin, Natural Egg Yolk, Castor Oil, Safflower Oil, Propylene Glycol, Jojoba Oil, Sodium Alginate, Biotin, Titanium Dioxide, Lemon Juice, Tea Tree Oil,



Carrageenan, Methyl Paraben, Propyl Paraben.

#### **602 Azulen Soothing Masque**

Azulen soothing masque is recommended for all skin types. It is very beneficial for sensitive skin as a decongestive and calming masque. Azulen, Bisabolol, Sodium PCA and Zinc Oxide soothe, calm, and moisturize the skin. Directions: Use twice a week. Spread a small amount of masque over entire face, avoiding eye area. Leave on 10-20 min., then rinse with tepid water. Contains: Aloe Vera Gel, Kaolin, Isopropyl Myristate, Propylene Glycol, Glyceryl Stearate, Cetyl Alcohol, Squalene, Titanium Dioxide, Zinc Oxide, Peg-40 Stearate, Sodium PCA d-Panthenol, Methyl Paraben, Propyl Paraben. Azulen, Bisabolol, Allantoin. ▲ [GO TO TOP](#)

#### **603 Mint Masque**

Mint masque is recommended for normal, normal to oily, and blemished skin. It is a stimulating and effective mask that leaves the skin with a renewed and soothed after-feel. On thoroughly cleansed skin, spread a small amount of masque over the entire face, carefully avoiding eye area. Leave on for 15-20 min., then rinse with tepid water. Contains: Kaolin, Aloe Vera Gel, Zinc Oxide, Carrot Oil, Zein, Sodium Alginate, Menthol, Retinyl Palmitate and Cholecalciferol, Polyamino Sugar Condensate, Chlorophyll, Sodium Pyrophosphate, Spearmint Oil, Methyl Paraben and Propyl Paraben.

#### **604 Collagen Treatment Masque**

Collagen masque is a luxurious and nourishing treatment recommended for normal, normal to dry, dehydrate and undernourished skin. Nutrient rich native collagen, cellular complexes, amino acids, panthenol, vitamins, and natural oils help to increase the moisture level, prevent early appearance of wrinkles, and help the skin breathe easily during cell renewal process. Use twice a week. Spread a small amount over the entire face, avoiding the eye area. Leave on 15-20 min., then rinse with tepid water. Contains: Aloe Vera Gel, Cetyl Alcohol, Self Emulsifying Wax, Zinc Oxide, Titanium Dioxide, Peg-40Castor Oil, Sesame Oil, Patchouli Oil, Soluble Collagen, Squalene, Hexylene Glycol and Glucose and Fructose and Sucrose and Urea and Dextrin and Alanine and Glutamic Acid and Hexyl Nicotinate (Amino acid\Sugar complex), Tocopherol, (Vitamin E), Hydrolyzed Silk, Methyl Paraben, Propyl Paraben.

#### **605 Volcanic Mud Masque**

Volcanic Mud Masque is a high performance treatment for dull and tired skin of all types. It draws out impurities as it cleanses, and it renews firmness and elasticity to the skin's surface. Apply 2-3 times a week (5 minutes for dry skin, 15 min. for oily and blemished skin) by spreading a small amount over the entire face, avoiding the eye area. Remove with tepid water. Regular use helps to achieve a smoother, fresher, and finer textured look. Contains: Diatomaceous Earth, Fullers Earth, Kaolin, Propylene Glycol, Aloe Vera Gel, Zinc Oxide, Sodium Alginate, Allantoin, Sage Oil, Eucalyptus Oil, Tocopheryl Acetate (Vitamin E), Methyl Paraben.

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#### **606 Placental Nourishing Masque**

Placental Nourishing Masque is recommended for dry or aging skin. Placenta extract helps to revitalize the cellular processes which have progressively lost their efficiency with the passage of time, and are responsible for the appearance of typical signs of skin aging. Use twice a week by spreading a small amount over the entire face, avoiding the eye area. Leave on 15-20 min., then rinse with tepid water. Contains: Aloe Vera Gel, Caprylic/capric Triglyceride, Cetyl Alcohol, Stearic Acid, Kaolin, Titanium Dioxide, Zinc Oxide, Sweet Kernel Oil, Ginseng Extract, Hops Extract, Squalene, Tocopherol, Retinyl Palmitate, Placental Extract, Sodium PCA, Propyl Paraben, Methyl Paraben.

#### **607 Chlorophyll Tightening Masque**

This is a very effective and beneficial skin tightening masque. The dried film of natural milk proteins, plant extracts, seaweed extracts, and minerals tighten the skin, help enhance blood circulation, help diminish fine lines, and help to create a fresh youthful appearance and feeling. Use twice a week. Apply a thin film on a clean face; when dry, rinse with tepid water or cleanser. Chlorophyll Tightening Masque can be added (50%) to others mask for a tightening effect. Contains: Aloe Vera Gel, Propylene Glycol, Milk Protein, Lactose, Triethanolamine, Algae Extract, Hexylene Glycol and Glucose and Fructose and Sucrose and Urea and Dextrin and Alanine and Glutamic Acid and Hexyl Nicotinate, Sodium PCA, Biotin, Chlorophyll, Natural Fragrant Oil, Diazolidinyl Urea.

#### **608 Cucumber Ice Sorbet**

Cucumber Ice Sorbet Masque (No. 608) is a very gentle facial Cooling Gel. It is recommended as a calming and soothing regimen for all skin types (including sensitive skin). A natural synergy of herbal extracts (Cucumber, Chamomile, and Aloe Vera) provides an anti-irritant effect and helps to reduce redness and inflammation associated with in-salon treatments or environmental pollutants. Use of this cooling Gel Masque at home (2-3 times a week), helps to prevent blemish flare ups and promotes hydration.

Directions: For immediate result apply a thick layer to face and neck. Leave on for 10-15 minutes. Remove with

tepid water, and follow with moisturizer. Contains: Deionized Water, Aloe Vera Gel, Extracts of Cucumber, Chamomile, Pineapple, and Yarrow Flowers, Carbomer-940, Allantoin, Sodium PCA, Triethanolamine, Chlorophyll Amino Acid Condensate, Polysorbate 20, Super Refined French Sea Water, St. John's Wort Extract, Salicylic Acid, Fragrant Oil, Methyl Paraben, Propyl Paraben. Caution: Avoid contact with eyes and mucous membranes. Keep out of reach of children. Use only as directed. ▲ [GO TO TOP](#)

#### **609 Seaweed Fortifying Masque**

This special seaweed fortifying masque is recommended for all types of non-problem skin. It is made from natural marine extracts full of minerals and natural vitamins. This synergy contains micronized algae, fucus, green laminaria, lithothamnion and is very rich in trace elements of manganese, zinc, iron, iodine, magnesium and also in amino acids and proteins. It helps improve oxygenation, detoxify, tone, stimulate, hydrate, and cleanse the skin. Apply two times a week, by spreading a small amount, avoiding the eye area. Leave on 10-15 min., then rinse with tepid water. Contains: Aloe Vera Gel, Kaolin, Propylene Glycol, Glyceryl Stearate, Cetyl Alcohol, Seaweed Extracts (Fucus, Laminaria Digitata, Spirulina, Lithothamnion), Zinc Oxide, Titanium Dioxide, Hydroxyethyl Cellulose, Allantoin, Sweet Almond Oil, Avocado Oil, Disodium EDTA, Methyl Paraben, Propyl Paraben.

#### **611 Mediterranean Mud Masque**

This exceptional Masque (deep, dark green color), contains natural mud from the Mediterranean Sea. This precious mud is innately rich in minerals, trace elements, and vitamins. These essential components have been brilliantly combined with pure herbal extracts and essential oils to help cleanse, detoxify, decongest, and revive dull and congested skin. Apply twice a week, by spreading a small amount over the entire face, avoiding the eye area. Leave on for 10-15 min. (This mask can be used for all types of skin, as well as a body treatment). Remove with tepid water or in the shower. Contains: Aloe Vera Gel, Mediterranean Mud, Dead Sea Mud, Fullers Earth, Kaolin, Bentonite, Propylene Glycol, Glyceryl Stearate, Cetyl Alcohol, Jojoba Oil, Squalene, Hops Extract, Burdock Root Extract, Rosemary Leaves Extract, Sage Leaves Extract, Ginseng Extract, Natural Essential Oils, Dead Sea Salt, Methyl Paraben, Propyl Paraben.

#### **650 Disinfecting and Bleaching Powder Masque (for professional in-salon use only)**

This masque is specially recommended to follow deep pore cleansing during the facial. It helps to disinfect the effected area and prevents the infection of the open pores or scabs. Released hydrogen peroxide temporarily bleaches the skin, while working as an effective anti bacterial agent. This masque is packed in a dry form to maintain its effectiveness. To activate the masque, mix approximately one teaspoon of powder with adequate quantity of purified water or toner/ astringent, appropriate for client's skin type (including toners/astringents with AHA). Apply after deep pore cleansing, leave on 10-15 min., then rinse with tepid water. Contains: Zinc Oxide, Kaolin, Magnesium Peroxide, Talc, Lactic Acid (powder), Sodium Lauryl Sulphate, Powdered Aloe Vera. Caution: Not to be used on sensitive or irritated skin. Avoid contact with eyes and mucous membranes. Some users of this product may experience a mild transient stinging or may incur a mild skin irritation. If irritation becomes severe, discontinue use. Keep out of reach of children. Use only as directed.

#### **651 Phytozyme™ Exfoliating System (for professional in-salon use only)**

##### **651-A Enzyme Powder (Part A)**

"Phytozyme" is a professional, non-chemical, two part exfoliating Fruit Enzyme System. It allows the Esthetician to offer a truly exceptional professional exfoliating treatment, that is an essential step of any active salon facial skin care programs.

When used as instructed it helps to dissolve excessive cell build-up on the stratum corneum, soften comedones, and assists in removing other impurities which clog pores.

Directions: Mix equal parts (about two tablespoons) of powder [Part A] and two tablespoons of activating gel [Part B] in a bowl and stir until a smooth paste consistency is achieved. Apply over cleansed skin (our Mint Souffle is a great deep pore cleanser to be used prior to Phytozyme application). Allow to remain on the skin for up to 8 minutes (for dry, mature, and sensitive skin), or up to 15 minutes (for oily and problem skin). Remove with warm water and cotton. Proceed with extraction and other treatments according to the client's skin type. To achieve desired results in skin texture, clarity and firmness, the Phytozyme treatment is recommended for use once every 4-8 weeks. Steaming the face prior or during the treatment will increase the enzyme activity and therefore should not be done on a first time application. A patch test should be performed behind the ear, prior to first use, to test for allergic reactions (discomfort, itching, or redness). Phytozyme Powder Contains: Phytozyme Fruit Enzyme Complex, Kaolin, Zinc Oxide, Bentonite, Veegum, Powdered Sage Leaves, Powdered Ginseng Root, Allantoin, Natural Fragrant Oil, Powdered Aloe Vera, Iron Oxide. Caution: Avoid contact with eyes and mucous membrane. Some users of this product may experience a mild transient stinging or may incur a mild skin irritation. If irritation becomes severe, discontinue use. Keep out of reach of children. This product is to be used only by licensed professionals. Use only as directed. ▲ [GO TO TOP](#)

### 651-B Enzyme Activating Gel (Part B )

This gel activator is formulated with natural herbal extracts and moisturizing agents that help to keep the skin moist and soothed during the Phytozyme™ treatment. Please follow the directions listed on the back of (Part A) Enzyme Powder or read the instructions in our product catalog. Contains: Deionized Water, Aloe Vera Gel, Yarrow Flowers Extract, Sodium PCA, Carbomer 941, Glycerin, Triethanolamine, St. John's Blossoms Extract, d Penthanol, Chlorophyll, Methyl Paraben, Propyl Paraben. Caution: Avoid contact with eyes and mucous membranes. Some users of this product may experience a mild transient stinging or may incur a mild skin irritation. If irritation becomes severe, discontinue use. Keep out of reach of children. This product is to be used only by licenced professionals. Use only as directed.

### 653 Oxygen Treatment Masque with Vitamin C (for professional in-salon use only)

This active powder mask is formulated for an effective revitalizing and restorative salon strength treatment. Fine powdered clays perform deep cleansing, while Vitamin C, tissue respiratory factors (yeast oxygen treatment super oxide dismutase (anti-free radical treatment) and a blend of natural plant extracts (in powder form), help to restore sun damaged, under-moisturized, dull, and maturing skin.

Directions: To active the masque, mix approximately 1 teaspoon of powder with an adequate quantity of purified water or toner/astringent, appropriate for client's skin type. Apply after deep pore cleansing and mechanical exfoliation (scrubs or peeling creams). Do not use any chemical exfoliators (alpha or beta hydroxy acids or enzymes) immediately prior to, or after treatment. Leave on for 10-15 min., then rinse with tepid water. For a super active oxygen treatment (not for sensitive skin) rather than water or toner/astringent, add 3-5 drops of 3% hydrogen peroxide to powder. The mask will begin to heat up, rise, and slightly fizz. Please allow enough room in your mixing container for this to occur ( the container should be at least 3 times larger than used for a regular mask). This method is only to be used by a licensed esthetician. Contains: Zinc Oxide, Kaolin, Talc, Live Yeast Cell Derivative, Superoxide Dismutase, Powdered Aloe Vera and Chamomile, L-Ascorbic Acid. Caution: Not to be used after in-salon glycolic treatments. Not to be used on sensitive or irritated skin. Avoid contact with eyes and mucous membranes. Some users of this product may experience a mild transient stinging or may incur a mild skin irritation. If irritation becomes severe, discontinue use. Keep out of reach of children. Use only as directed.

### 655 Pure Algae (Seaweed) Powder Masque (for professional in-salon use only)

This is a deep cleansing and purifying facial masque recommended especially for normal to oily and oily skin. It effectively enhances cellular exchange (by osmosis) promoting the elimination of impurities. It provides minerals high concentrations (calcium, magnesium, sodium, potassium, iodine, iron, manganese, zinc, copper, selenium). This masque is packed in a dry form to maintain its effectiveness and freshness. To activate the masque, mix approximately 1 teaspoon of powder with adequate quantity of purified water or toner/astringent, appropriate for client's skin type (including toners/astringents with AHA). Apply twice a week. Leave on 10-15 min., then rinse with tepid water. Contains: Micronized Laminaria Digitata and Lithothamnium Calcareum Algae (sterilized), Bentonite Zinc Oxide, Powdered Aloe Vera ▲ [GO TO TOP](#)

### 657 Lifting Masque (in two parts) (for professional in-salon use only)

This two part system allows the Esthetician to offer a truly exceptional professional treatment mask for the face and the body. The Lifting Mask is great for facial toning, hydrating, and purifying. It is recommended for all types non-problem skin.

**657-A Part one: Mask base (powder)** This powder base, when activated, provides a stimulating and detoxifying professional mask treatment. Rich in Minerals, Seaweed, Lecithin, Chlorophyll, and Plant Extracts, it also helps to soothe and remineralize the skin. Contains: Diatomaceous Earth, Micronized Seaweed, Sodium Alginate, Micronized Powdered Chamomile Blossoms, Spirulina Extract, Powdered Lecithin, Chlorophyll, Iron Oxide.

**657-B Part two: Mask Activator (liquid)** This liquid Aloe activator is formulated with natural herbal extracts, soothing Azulen and remineralizing salts to tone, calm, and condition the skin. Contains: Aloe Vera Gel, Glycerin Ginseng Root Extract, Polysorbate-20, Yarrow Flowers Extract, Sodium PCA, Dead Sea Salts, Azulen, Methyl Paraben, Imidazolidinyl Urea, Natural Fragrant Oil.

#### Directions:

1. Apply a thin layer of a moisturizer or nourishing cream (appropriate for client's skin type) onto the skin.
2. Apply petroleum jelly liberally to eyebrows, hairline, and any other facial hair.
3. Combine one part powder base with two parts liquid mask activator (1:2) in a mixing bowl.
4. Mix until a smooth paste is achieved (an additional small amount of activator could be added to achieve desired consistency).
5. Apply immediately in an even, thick, layer over the face. Setting time for the mask is about 15 minutes.
6. When set, gently peel from the skin.

7. Remove any remaining residue with water and cotton.

Note: Custom blending ingredients from our product list (i.e., Aromatic Oils, Vitamins, Herbal Extracts), can be added to the mixed mask immediately prior to application in concentration of 1.00% or less.

Caution: Keep away from eyes, mucous membranes, and the hairline. It is important to leave all airways (nasal openings) unobstructed. It is highly recommended to test a small area of the skin for allergic reactions (discomfort, itching or redness) ▲ [GO TO TOP](#)

#### **670 Pure Paraffin Wax**

#### **671 Azulen-Paraffin Masque(Elastic)**

### **VII. Specialty Products for Problem Skin**

#### **701 Bio-Drying Lotion**

Bio-Drying Lotion is an excellent skin care treatment for blemished skin. It helps to dry up blemishes, redness, reduce tissue irritation and helps to prevent growth of the blemish. Recommended to use together with Camphor Souffle, Camphor Astringent Lotion or Blemish Control Liquid. Shake well, apply only to the blemish (with a cotton swab) several times a day. Caution: Avoid contact with eyes and mucous membranes. Some users of this product may experience a mild transient stinging or may incur a mild skin irritation. If irritation becomes severe, discontinue use. Keep out of reach of children. Use only as directed. Contains: SD Alcohol 40, Propolis Extract, Balsam Peru, Horsetail Extract, Sulfur, Pyroligneous Acid, Glycolic Acid-2%, Salicylic Acid-2 %, Retinol, Pecan Shell Powder.

#### **702 Bio-Soothing Cream (green)**

The Bio-Soothing Cream (formerly Bio-Drying Cream) is a soothing skin care treatment for irritated and problem skin, formulated from botanical extracts. It is very popular for after wax soothing, especially after facial waxing. Apply only on the blemish or irritated area of the skin, in a thin layer. Caution: Avoid contact with eyes and mucous membranes. Some users of this product may experience a mild transient stinging or may incur a mild skin irritation. If irritation becomes severe, discontinue use. Keep out of reach of children. Use only as directed. Contains: Pineapple Juice, Petrolatum, Dimethicone, Sage Oil, Zinc Oxide, Eucalyptus Oil, Beeswax, Sanguinaria, Lecithin, Sodium Borate, Allantoin, Chlorophyll, Guaiazulene.

#### **705 Blemish Control Lotion**

The Blemish Control Lotion (formerly Acne Control Lotion) is highly effective, and recommended only for very oily and blemished skin types. Containing Vitamin B complex, it helps to normalize the pH balance of the skin and regulate oil gland secretion. (The Bio-Drying Lotion, Bio-Drying Masque, and the Vitamin B Day Cream are very effective with, and complementary to, the Blemish Control Lotion for blemished skin treatment and maintenance. Contains: Deionized Water, SD Alcohol 40, Thioglycerol, Hexylene Glycol and Glucose and Fructose and Sucrose and Urea and Dextrin and Alanine and Glutamic Acid and Aspartic Acid and Hexyl Nicotinate, Glycolic Acid, Yucca Extract, Menthol. Caution: Apply only as recommended (directly on blemish). Avoid contact with eyes and mucous membranes. Some users of this product may experience a mild transient stinging or may incur a mild skin irritation. If irritation becomes severe, discontinue use. Keep out of reach of children. Use only as directed.

#### **710 Bio-Drying Masque**

Bio-Drying Masque is recommended for oily and blemished skins, as an anti-microbial treatment. It helps to tighten the pores, improve blood circulation, and to dry up existing blemishes. Its zinc oxide, camphor, herbal extracts and other ingredients help to balance the skin's pH and reduce oiliness and inflammations. Use twice weekly for 15-20 min., by spreading a small amount over the entire face, carefully avoiding the eye area. Then rinse with tepid water. Caution: Avoid contact with eyes and mucous membranes. Some users of this product may experience a mild transient stinging or may incur a mild skin irritation. If irritation becomes severe, discontinue use. Keep out of reach of children. Use only as directed. Contains: Kaolin, Aloe Vera Gel, Propylene Glycol, Zinc Oxide, Dimethicone, Hops and Fenugreek Extracts, Camphor, Carbomer-940, Triethanolamine, Methyl Paraben.

### **IX. Products with Alpha, Beta, and Multi-Fruit Hydroxy Acids**

Alpha-Hydroxy Acids (AHA's), the naturally occurring weak fruit and food acids, have been an exciting development in the skin care industry. They show excellent results in improving the collagen creation and the exfoliation of epidermis dead cells. The AHA's include glycolic, lactic, citric, malic and tartaric acids. Glycolic acid is present in sugar cane, lactic acid in sour milk, citric acid in fruits, malic acid in apples, and tartaric acid in grapes. Use and effectiveness of these acids was well known by ancient and folk medicine. Ancient youth remedies such as milk baths to smooth the skin or stale wine application to the face to diminish the wrinkles are

well described.

The widely used glycolic acid has the smallest molecular size of any of the AHA's and is believed to have the best penetration ability into the skin.

Our products with alpha hydroxy acids also incorporate another important development in modern skin care. Use of atomized oxygen as a penetrative vehicle for Vitamin A Palmitate. Once the Vitamin A Palmitate penetrates the skin, it is converted to weak retinoic acid by the body's natural biochemical processes. This conversion is well documented by Hoffman-LaRoche in Switzerland, which manufactures the retinoic acid-ingredient used to make Retin-A creams.

This group of products containing alpha-hydroxy acids does not replace our home care regimen or the monthly salon visits. It complements our existing extensive product line, and makes it more complete and competitive. We are confident you will benefit from the excellent quality and efficacy of these products and our competitive prices.

Glycolic Cleansers [▲ GO TO TOP](#)

### **G-103 Glycolic Mud Cleanser**

Glycolic Mud Cleanser is a gentle pH balanced facial cleanser recommended for non-sensitive, normal to dry and dry skin. It is highly effective thanks to the exfoliative properties of glycolic acid, volcanic mud, and the blend of natural active botanical extracts. Use twice daily. Massage onto the skin, then rinse with tepid water. Contains Aloe Vera Gel, Decyl Oleate, Ceteareth-20, Glycol Stearate, Peg-40 Castor Oil, Diatomaceous Earth, Fullers Earth, Glycolic Acid, Glycerin, Avocado Oil, Squalane, Lauroamphocarboxyglycinate and Sodium Trideceth Sulfate and Hexylene Glycol, Chamomile and Saponaria Extracts, Sesame Oil, MICA, Ammonium Hydroxide, Natural Fragrant Oil, Diazolidinyl Urea. Active Ingredient: Glycolic Acid 5% , partially neutralized by Ammonium Hydroxide.

### **G107 Active Cleansing Gel (with AHA & BHA)**

This deep cleansing oil-free formula thoroughly removes excess oil, surface impurities and make-up. Helps to exfoliate the dead cells thanks to alpha and beta-hydroxy acids, and natural enzymes. Recommended for normal to oily skin types. Keep away from eyes and mucous membranes. Contains: Aloe Vera Gel, Decyl Polyglucose, Sodium Laureth Sulfate, Cocamidopropyl Betaine, Dimethicone, Yeast Extract (Vitamin B), Sodium PCA, Propylene Glycol, SD Alcohol 40, Glycolic Acid, Lactic Acid, Salicylic Acid (BHA), Watercress Extract, Papain, Bromelain, Camphor, Lavender Extract, Soap Wort Extract, Quaternium-15, Methyl Paraben, Propyl Paraben. Active Ingredients: Glycolic Acid-5% , partially neutralized by Ammonium Hydroxide, Salicylic Acid-0.5%.

### **G-154 Multi-fruit AHA Cleansing Milk**

This light, detergent-free, cleansing milk is recommended for normal to dry and combination skin types. It effectively removes make-up and pollutants from the skin (do not use to remove eye-makeup) while moisturizing, detoxifying, and exfoliating the skin. This is done by a unique system of Natural Plant Extracts, Humectants, Vitamins, and a Blend of Multi-Fruit AHA's. Keep away from eyes and mucous membranes. Contains: Deionized Water, Aqueous extracts of Chamomile & Calendula & Sage & Witch Hazel & Ginseng, Stearic Acid, Cetyl Alcohol, Stearyl Alcohol, Dimethicone, Hydrogenated Polyisobutane, Squalane, Almond Oil, Wheat Germ Oil, Glycolic Acid, Lactic Acid, Malic Acid, Triethanolamine, Disodium EDTA, Tocopheryl Acetate, Methyl Paraben, Propyl Paraben, Quaternium-15. Active Ingredient: Glycolic Acid -5%, partially neutralized by Ammonium Hydroxide. [▲ GO TO TOP](#)

## **Glycolic Toners**

### **G-205 Ginseng Astringent Toner**

This is a gentle, oil-free, glycolic astringent toner and freshener for normal to dry and sensitive types of skin. helps to tone and firm the skin, tighten the pores, and smoothe the appearance of the skin, to give it finer, softer texture. Ginseng is a natural supplier of oxygen to the skin cells. Accumulation of dead cells causes the skin to appear rough, dull and aged. Glycolic Acid and Ammonium Glycolate-(5%) work to help the skin loosen the excess accumulation of dead skin cells to a natural rate of exfoliation. Apply with cotton several times daily after cleansing and before moisturizing or nourishing. Keep away from eyes and mucous membranes. Contains: Deionized Water, Aloe Vera and Witch Hazel and Horse Chestnut Extracts, Propylene Glycol, Glycolic Acid and Ammonium Glycolate, Hexylene Glycol and Glucose and Fructose and Sucrose and Urea and Dextrin and Alanine and Glutamic Acid and Hexyl Nicotinate, Ginseng Extract, Potassium Alum, Diazolidinyl Urea, Biotin, Natural Fragrant Oil. Active Ingredients: Glycolic Acid-5%, partially neutralized by Ammonium Hydroxide.

### **G-206 Calendula Astringent Toner**

This is an effective facial astringent toner recommended for normal and normal to oily skin. Its normalizing pH helps to fight bacteria, so it is highly recommended for types of skin having partial oiliness and break outs. Glycolic Acid and Ammonium Glycolate effectively accelerate the exfoliation of the skin's dead cells, diminish superficial

sun damage, and reduce the appearance of fine lines. Apply with cotton several times daily. Keep away from eyes and mucous membranes. Contains: Deionized Water, Glycolic Acid and Ammonium Glycolate, Propylene Glycol, Lemon Juice, SD Alcohol 40B, Calendula Extract, Aloe Vera Gel, Hexylene Glycol and Glucose and Fructose and Sucrose and Urea and Dextrin and Alanine and Glutamic Acid and Hexyl Nicotinate, Lactic Acid, PEG-40 Castor Oil and Guaiazulene. Active Ingredients: Glycolic Acid-10% , partially neutralized by Ammonium Hydroxide.

### **G-207 Eucalyptus Astringent Toner**

This is a very effective facial astringent toner recommended only for oily and blemished skin. Its balancing pH helps to fight bacteria, to reduce oil secretion, and to dry up blemishes. The high content of Glycolic Acid and Ammonium Glycolate (15%) effectively accelerate the exfoliation of the skin's dead cells, diminish superficial sun damage and reduce the appearance of fine lines. Keep away from eyes and mucous membranes. Apply with cotton several times daily after cleansing or before applying day cream or make-up. Contains: Deionized Water, SD Alcohol 40B, Glycolic Acid and Ammonium Glycolate, Aloe Vera Extract, Hexylene Glycol and Glucose and Fructose and Sucrose and Urea and Dextrin and Alanine and Glutamic Acid and Hexyl Nicotinate, Lactic Acid, Eucalyptus Extract, Balsam Peru. Active Ingredients: Glycolic Acid -15%, partially neutralized by Ammonium Hydroxide. [▲ GO TO TOP](#)

## **Glycolic Treatment Creams, Gels, and Exfoliators**

### **G-322 Alpha-Quinone Liquid Cream**

Alpha-Quinone Liquid Cream is an excellent moisturizer for all non-sensitive skin types. The combination of Alpha Hydroxy Acids and Hydroquinone help to prevent moisture loss while bleaching and lightening the skin. Repeated use will help to fade dark spots, help to reduce the appearance of fine lines, and help accelerate the exfoliation of the skin's dead cells to a normal healthy rate of exfoliation. Best results are achieved when used daily for 4-6 weeks, while avoiding sun exposure. A subtle darkening, over time, of the color of the cream is a normal characteristic of the product. Contains: Aloe Vera Gel, Glycolic Acid and Ammonium Glycolate, Dimethicone, Hydrogenated Polyisobutane, Squalane, Stearic Acid, Octyl Methoxycinnamate, Cetyl Alcohol, Benzophenone-3, Sodium Alginate, Sodium PCA, Triethanolamine, Sodium Metabisulfate, Disodium EDTA, Lactic Acid, Methyl Paraben, Titanium Dioxide (Micronized), Propyl Paraben. Active Ingredients: Glycolic Acid -15%, partially neutralized by Ammonium Hydroxide, Hydroquinone, U.S.P.-2 %.

### **G-323 Multi-Fruit Day Cream**

This unique ultra-light, hydrating treatment cream is recommended for normal to oily and blemished skin. A complex of natural botanical extracts, vitamins, and amino acids help to moisturize and balance the skin, while a unique Multi-Fruit AHA blend gently assists in exfoliating the dead skin, and controlling bacteria. This moisturizer helps to reduce the possibility of clogged pores, and helps prevent the formation of blackheads, whiteheads, breakouts, and inflammation associated with an oily skin condition. Micronized Titanium Dioxide is added for very moderate sun protection (may not protect from sunburning). Keep out of eyes and mucous membranes. Contains: Aloe Vera Gel, Stearic Acid, Hydrogenated Polyisobutane, Dimethicone, Propylene Glycol, Cetyl Alcohol, Sodium Alginate, Black Current Extract, Tamarind Extract, Apple Extract, Glycolic Acid, Tartaric Acid, Malic Acid, Sodium Hyaluronate, Sodium Hydroxide, Micronized Titanium Dioxide, Carbopol 934, d-Panthenol, Triethanolamine, Retinyl Palmitate (Vitamin A), Herbal Extracts (Ivy and Watercress and Horse Chestnut), Hexylene Glycol, Glucose, Fructose, Sucrose, Glutamic Acid, Methyl Paraben, Propyl Paraben. Active Ingredients: Glycolic Acid - 7%, partially neutralized by Ammonium Hydroxide.

### **G-325 Glycolic Treatment Cream X10**

This is a mild (pH 5.5) restorative and rectifying treatment cream with moderate content of glycolic acid and ammonium glycolate- (5%), and 1% of Retinyl-A Palmitate. It is recommended for all types of sensitive skin beginning to show signs of aging. Apply twice daily. It contains very moderate sunscreen. Repeated use will help reduce the appearance of fine lines and accelerate the exfoliation of the skin's dead cells to a normal healthy rate of exfoliation. Active Ingredients: Glycolic Acid-5%, partially neutralized by Ammonium Hydroxide. Contains: Aloe Vera Gel, Dimethicone, Hydrogenated Polyisobutane, Glycolic Acid and Ammonium Glycolate, Stearic Acid, Cetyl Alcohol, Benzophenone-3, Sodium Alginate, Chamomile Extract, Sodium PCA, Hydrogen Peroxide, Octyl Methoxycinnamate, Retinyl Palmitate (Vitamin A), Methyl Paraben, Propyl Paraben. Caution: Avoid contact with eyes and mucous membranes. Some users of this product may experience a mild transient stinging or may incur a mild skin irritation. If irritation becomes severe, discontinue use. Keep out of reach of children. Use only as directed. [▲ GO TO TOP](#)

### **G-327 Glycolic Treatment Cream X30**

This is medium strength (pH 4.5) restorative and rectifying treatment cream with 10% content of glycolic acid



and ammonium glycolate, and 1% of Retinyl A Palmitate. It is recommended for all types of non-sensitive skin beginning to show signs of aging. Apply to the face twice daily. Follow treatment with daily moisturizer or night cream. It contains just enough sun-screen. Repeated use will help reduce the appearance of fine lines and accelerate the exfoliation of the skin's dead cells to a normal healthy rate of exfoliation. Active Ingredients: Glycolic Acid-10%, partially neutralized by Ammonium Hydroxide. Contains: Aloe Vera Gel, Dimethicone, Glycolic Acid and Ammonium Glycolate, Hydrogenated Polyisobutane, Squalane, Stearic Acid, Cetyl Alcohol, Benzophenone-3, Sodium Alginate, Hydrogen Peroxide, Octyl Methoxycinnamate, Yeast Extract, Witch Hazel Extract, Sodium PCA, Retinyl Palmitate, Tocopherol, Methyl Paraben, Propyl Paraben. Caution: Avoid contact with eyes and mucous membranes. Some users of this product may experience a mild transient stinging or may incur a mild skin irritation. If irritation becomes severe, discontinue use. Keep out of reach of children. Use only as directed.

### **G-329 Glycolic Treatment Cream X50**

This is a very effective (pH 3.5) restorative and rectifying treatment with a high content of glycolic acid and ammonium glycolate-(15%) and 1% Retinyl A Palmitate. It is recommended for all types of non-sensitive skin beginning to show signs of aging, showing good results on oily and acne prone skin. Because excessive drying of the skin may occur, start with one application daily, then gradually increase to two or three times daily if needed. It contains very moderate sun-screen. Repeated use will help reduce the appearance of fine lines. Contains: Aloe Vera Gel, Glycolic Acid and Ammonium Glycolate, Hydrogenated Polyisobutane, Stearic Acid, Cetyl Alcohol, Dimethicone, Benzophenone-3, Sodium Alginate, Sage and Dutch Rush Extracts, Sodium PCA, Hydrogen Peroxide, Retinyl Palmitate (Vitamin A), Octyl Methoxycinnamate, Methyl Paraben, Propyl Paraben. Active Ingredients: Glycolic Acid-15%, partially neutralized by Ammonium Hydroxide. Caution: Avoid contact with eyes and mucous membranes. Some users of this product may experience a mild transient stinging or may incur a mild skin irritation. If irritation becomes severe, discontinue use and consult your skin care professional. Keep out of reach of children. Use only as directed.

### **G-330 Glycolic Treatment Gel GX-50**

This oil-free aloe vera gel with Glycolic Acid and Ammonium Glycolate is very beneficial for non-sensitive, normal to oily, and blemished skin types. It effectively helps to fight bacteria and increases the rate of natural skin exfoliation, while helping to promote moisturization by renewal of native skin collagen. Apply to the face twice daily. Repeated use will help reduce oiliness, clearing up skin problems, and reducing the appearance of fine lines. Follow with the use of Vitamin B Day Cream. Keep out of eyes and mucous membranes. Contains: Aloe Vera Gel, Glycolic Acid and Ammonium Glycolate, Hydroxyethylcellulose, Lavender Extract, Sodium Hyaluronate, Methyl Paraben. Active Ingredients: Glycolic Acid-15%, partially neutralized by Ammonium Hydroxide. Caution: Avoid contact with eyes and mucous membranes. Some users of this product may experience a mild irritation; if irritation becomes severe discontinue use and consult your skin care professional. [▲ GO TO TOP](#)

## **In-Salon use Exfoliators**

CONCENTRATED FORMULATIONS TO BE APPLIED ONLY IN-SALON BY LICENSED ESTHETICIAN

### **Description**

Thickened upper layers of stratum corneum, a common condition of the skin, is a result of increased resistive build-up of dead skin cells on the surface of the skin. This condition is not only physically unappealing, it usually lends itself to several other unwanted conditions such as comedone formation, milia, etc. There are two ways an esthetician can help to break down a thickened stratum corneum:

#### **1. Hydrating and mechanical scrubbing.**

An esthetician can provide intensive hydrating services such as steam and sloughing products (see our Enzyme Peeling Cream or Almond Honey Scrub). They work as "sand paper" to remove the dead skin cells. Almond meal grains act as a coarse exfoliant and the French talc within the scrub as a polishing finish. Intensive steam and scrubbing leaves the skin radiant because of better light reflection (called interference). Mechanical scrubs do not influence the lower levels of the stratum corneum. They remove only the very top layers of the stratum corneum.

#### **2. Exfoliation with Alpha Hydroxy Acids.**

This is a special group of fruit acids found to reduce resistive dead cell build-up. As the solution of Alpha Hydroxy Acids influences dead cell build-up at a lower level of the stratum corneum (because of its penetration), the removal of the deeper dead cell layer allows the skin to become more flexible. This results in a thinner stratum corneum layer, which bends more readily without cracking and splitting; the skin becomes more radiant and obtains natural color.

### **Benefits**

Our unique Bio-Rectifying Exfoliator is an important in-salon portion of the facial or as separate service. This concentrated formulation of Glycolic Acid and Ammonium Glycolate accelerates the removal of the dead outer skin, improving the skin's appearance and enhancing the results obtained with our other skin care products. It m

be used as part of the your existing facial procedure or as a separate exfoliation service.

#### **Caution**

It is strongly recommended that a client has been using Glycolic Acid Products, without irritation, for one to two weeks prior to in-salon Glycolic Treatments. This is necessary to confirm that the client does not experience irritations or excessive sensitivity from Alpha Hydroxy Acid Treatment Products. If sensitivity or irritation occur, do not perform the in-salon Glycolic Treatments. Do not perform treatment on sunburned, sensitive, or irritated skin

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### **G-331 Glycolic Bio-Rectifying Exfoliator X70**

Active Ingredients: Glycolic Acid-30%, partially neutralized by Ammonium Hydroxide to final pH 3.5

Caution: It is strongly recommended to run a sensitivity test, by testing the product on a small area behind the client's ear. If after 24 hours redness or irritation occur, do not proceed with application to face. A safety test should be done even if client has used or is currently using Alpha Hydroxy Acid Products. Avoid contact with eye and mucous membranes. Some users of this product may experience a mild skin irritation. If irritation becomes severe, discontinue use. Keep out of reach of customers and children. Use only as directed. Contains: Aloe Vera Gel, Glycolic Acid, SD Alcohol 40, Ammonium Hydroxide, Hydroxyethylcellulose, Trisodium EDTA.

Application Procedure for the Bio-Rectifying Exfoliator X70

1. Cleanse and tone the face and neck with the appropriate products (Camphor or Mint Souffle). Cover the eyes with cotton pads
2. Use a very small amount (about 2-3 ml.) of Exfoliator for each application to the entire face and neck area. If you apply Exfoliator to other areas, adjust the amount accordingly.
3. Apply Exfoliator with two cotton applicators held together. Work in a consistent manner, either clockwise or counter-clockwise. Apply Exfoliator into the hairline and eyebrows and onto neck. Avoid the eyelids during the application. Be very careful not to get Exfoliator into the eyes.
4. Leave Exfoliator on according to the skin type for a total of from 5 to 10 minutes . For maximum effect for non-sensitive skin keep no longer than 15 min. Start timing when you begin the application.
5. Remove thoroughly with warm water and gauze. Remove Exfoliator in the same direction and sequence in which it was applied. Remove the Exfoliator at the same rate as its application so that each area is exposed evenly for a total of ten minutes (10 min).
6. Apply a sun-screen and moisturizer. Do not use active products, or products containing Alpha Hydroxy Acids at least 24 hours after procedure.

Caution: Avoid contact with eyes and mucous membranes. Some users of this product may experience a mild skin irritation. If irritation becomes severe, discontinue use.

### **G-332 Glycolic Bio-Rectifying Exfoliator X80**

Active Ingredients: Glycolic Acid-40%, partially neutralized by Ammonium Hydroxide to final pH 2.5

Caution: It is strongly recommended to run a sensitivity test, by testing the product on a small area behind the client's ear. If after 24 hours redness or irritation occur, do not proceed with application to face. A safety test should be done even if client has used or is currently using Alpha Hydroxy Acid Products. Avoid contact with eye and mucous membranes. Some users of this product may experience a mild skin irritation. If irritation becomes severe, discontinue use. Keep out of reach of customers and children. Use only as directed. Contains: Aloe Vera Gel, Glycolic Acid, SD Alcohol 40, Ammonium Hydroxide, Hydroxyethylcellulose, Trisodium EDTA.

Application procedure for the Bio-Rectifying Exfoliator X80

1. Cleanse and tone the face and neck with the appropriate products (Camphor or Mint Souffle). Cover the eyes with cotton pads
2. Use a very small amount (about 2-3 ml.) of Exfoliator for each application to the entire face and neck area. If you apply Exfoliator to other areas, adjust the amount accordingly.
3. Apply Exfoliator with two cotton applicators held together. Work in a consistent manner, either clockwise or counter-clockwise. Apply Exfoliator into the hairline and eyebrows and onto neck. Avoid the eyelids during the application. Be very careful not to get Exfoliator into the eyes.
4. Leave Exfoliator on according to the skin type for a total of from 1 to 3 minutes . For maximum effect for non-sensitive skin keep no longer than 3 min. Start timing when you begin the application.
5. Remove thoroughly with warm water and gauze. Remove Exfoliator in the same direction and sequence in which it was applied. Remove the Exfoliator at the same rate as its application so that each area is exposed evenly for a total of ten minutes (10 min).
6. Apply a sun-screen and moisturizer. Do not use active products, or products containing Alpha Hydroxy Acids at least 24 hours after procedure.

Caution: Avoid contact with eyes and mucous membranes. Some users of this product may experience a mild skin irritation. If irritation becomes severe, discontinue use. ▲ [GO TO TOP](#)

### **G-334 Multi-Fruit AHA Serum (with Lip somes)**



The Multi-Fruit Acid Serum is the most beneficial blend of naturally occurring Alpha-Hydroxy Acids: Glycolic (sugar cane, malic (apple), and tartaric (tamarind fruit), in combination with multi-fruit extracts and liposomes. The effective blend performs a mild and balanced exfoliation of the dead surface cells, while moisturizing the most delicate skin tissues. Very suitable for fragile around the eye and neck area as well as an all over the face treatment. Helps to prevent the visible signs of aging. Use twice daily morning and evening for all skin types. Avoid from entering eyes or contact with mucous membranes. Contains: Aloe Vera Gel, Sugar Cane Extract, Apple Extract, Blackcurrant Extract, Bilberry Extract, Grapefruit Extract, Tamarind Extract, Ginseng Extract, Soy: Phospholipids (Liposomes), Sodium Hyaluronate, Glycolic Acid, Malic Acid, Tartaric Acid, Hydroxyethyl Cellulose, Polyamino Sugar Condensate, Ammonium Hydroxide, Diazolidinyl Urea and Methyl Paraben and Propyl Paraben. Active Ingredients: Glycolic Acid (3%), Malic Acid (1%), Tartaric Acid (1%), partially neutralized by Ammonium Hydroxide

## **Glycolic Masques**

### **G-611 Glycolic Exfoliating Masque**

Glycolic exfoliating masque is very beneficial for all types of non-sensitive skin. It effectively increases the rate of natural dead skin exfoliation while promoting moisturization by renewal of native collagen. Apply 2 times a week. Leave on 10 min., then rinse with tepid water. Contains: Aloe Vera Gel, Hydrogenated Polyisobutane, Kaolin, Ammonium Glycolate and Glycolic Acid, Stearic Acid, Cetyl Alcohol, Dimethicone, Titanium Dioxide, Zinc Oxide, Sodium PCA, Tocopheryl Acetate (Vitamin E), Sage Extract, Biotin, Jojoba Oil, Methyl Paraben. Caution: Avoid contact with eyes and mucous membranes. Some users of this product may experience a mild transient stinging or mild skin irritation. If irritation becomes severe, discontinue use. Keep out of reach of children. Use or as directed.

### **G-712 Bio-Treatment Masque With Glycolic Acid**

Bio-Treatment masque is recommended for oily and blemished skin as an anti-microbial and exfoliating treatment. It helps to dry up blemishes, control oiliness, and balance the pH of the skin. Use twice weekly for 10 min., then rinse with tepid water. Contains: Deionized Water, Aloe Vera Gel, Kaolin, Zinc Oxide, Titanium Dioxide, Talc, Glycolic Acid and Sodium Glycolate, Lemon Juice, Carbomer 940, Triethanolamine, Lavender Extract, Sage Extract, Horsetail Extract, Sulfur, Methyl Paraben. Caution: Avoid contact with eyes and mucous membranes. Some users of this product may experience a mild transient stinging or mild skin irritation. If irritation becomes severe, discontinue use. Keep out of reach of children. Use only as directed. ▲ [GO TO TOP](#)

## **X. Hair Removing (depilatory) Waxes**

### **801 Azulen Depilatory Wax**

Effective soft, green, lukewarm (low melting point) Classic European Formula Hair Removing Wax, formulated from the finest natural ingredients. It is designed for professional salons to make epilating faster, easier and less painful thanks to propolis wax and azulen. Contains: Natural Resin, Beeswax, Paraffin, Carnauba Wax, Safflower Oil, Propolis Wax, Azulen. Packaged in 16 oz. metal cans. Available in plastic jars for microwave oven.

### **802 Honey Depilatory Wax**

Effective soft, amber color, lukewarm (very low melting point) Classic Ancient Formula Hair Removing Wax, formulated from the finest natural gum rosin and a blend of selected natural oils. It is designed for professional salons to make epilating easier and faster. Contains: Natural Resin, Vegetable oils, Paraffin, Honey. Packaged in 16 oz. metal cans. Available in plastic jars for microwave oven.

## **XI. SPA and Salon Body Treatment Products**

Spa Body Treatment products are an exceptional body treatment system. These luxurious body products are enriched with vitamins, minerals, proteins, seaweeds, and an extensive variety of other botanical ingredients that rejuvenate and revitalize the entire body. These products are far more than skin maintenance, they are therapeutic, and make the skin feel sensational.

In addition to being used in spas, salons, and professional fitness centers, customers can indulge themselves with the highest quality body treatment products available, now in the comfort of their own homes.

Each individual Spa International product delivers a beneficial body treatment. The entire Line of products work together as a complete body therapy system. Daily use of Spa International body treatment products will help result in softened, hydrated, toned, and smoother looking, and feeling skin.

### **S-101 Purifying Body Cleanser**

The Purifying Body Cleanser is a gentle and detoxifying body cleanser that prepares the body to receive exfoliating, nourishing, and moisturizing treatments. It also helps to remove any residue remaining after such

treatments. This cleanser is recommended for all skin types. The outstanding cleansing and softening qualities of the Purifying Body Cleanser, allow you to use this product as an excellent conditioning hair and scalp shampoo.

Use by applying onto moistened skin (or hair), working up a lather, then rinse with warm water. It is recommended to use a body scrub prior to this product. Follow with a body milk, oil, or nourishing cream for maximum hydration. Contains: Aloe Vera Gel, Sodium Laureth Sulfate, Cocamidopropyl Hydroxysultaine and Erucamidopropyl Hydroxysultaine and PEG-150 Pentaerythrityl Tetrastearate, Oleyl Betaine, Propylene Glycol, Seaweed Extract, Witch Hazel Extract, Arnica Blossom Extract, Sodium Hyaluronate, Natural Fragrant Oil, Glycolic Acid, Sodium Chloride, Methyl Paraben, Propyl Paraben. ▲ [GO TO TOP](#)

### **S-102 Body Hydrating Milk**

The Body Hydrating Milk is an excellent hydrating body veil, that is rich in natural oils, minerals, and vitamins helps to restore the skin's natural lipids, leaving the skin soft and radiant. After cleansing and exfoliating, apply to the entire body, and massage onto the skin until absorbed. Can be used at home, twice daily, by alternating mornings and evenings with the Nourishing Body Cream, or Body Nourishing Seaweed Oil. Contains: Aloe Vera Gel, Decyl Oleate, Cetyl Alcohol and Laureth-10, Dimethicone, Carbomer 934, Seaweed Extract, Squalene, Almond Oil, Jojoba Oil, Tocopheryl Acetate, d-Panthenol, Sodium PCA, Triethanolamine, Disodium EDTA, Natural Fragrant Oil, Diazolidinyl Urea, Methyl Paraben, Propyl Paraben, Carmine.

### **S-103 Exfoliating Body Scrub (for bath or shower with natural loofah)**

This effective exfoliating, refining, and polishing body scrub contains natural loofah and essential oils. The loofah helps to exfoliate the skin, which aids in relieving ingrown hairs, while the essential oils soothe and nourish the skin. Apply in the bath or shower onto wet arms, legs, and all over the body, using gentle circular motions (for a more intense exfoliation, apply with a natural sea sponge.). Rinse with warm water, then follow with the Purifying Body Cleanser. By incorporating a body scrub into the client's regular bath or shower regimen, the client will benefit from smoother and significantly softer skin. Contains: Aloe Vera Gel, Stearic Acid, Propylene Glycol, Glyceryl Stearate, Olive Oil, Jojoba Oil, Clove Oil, Dimethicone, Squalene, Cocoa Butter, Triethanolamine, Loofah Polyethylene, d-Panthenol, Burdock Extract, Coltsfoot Extract, Tocopheryl Acetate, Natural Fragrant Oil, Hydrogenated Jojoba oil (Jojoba Beads), Methyl Paraben, Propyl Paraben, Imidazolidinyl Urea.

### **S-104 Hydrating Body Scrub**

The Hydrating Body Scrub is a seaweed scrub designed to provide gentle exfoliation with natural jojoba beads and fruit enzymes. The seaweed scrub benefits the skin in three phases. First, the scrub's seaweed extract remineralizes the skin. Next, the fruit enzymes help to exfoliate the skin. Finally, while massaging the Hydrating Body Scrub onto the skin, the natural jojoba beads slowly melt and release their nourishing jojoba oil. This tri-action gentle body exfoliator helps to create an incredible softness. The Hydrating Body Scrub is applied to the body in a thin layer, left on for 2-3 minutes, and removed by massaging away with warm water. It is recommended, to follow with the use of the Purifying Body Cleanser and then a body nourishing cream, oil, or milk. Contains: Aloe Vera Gel, Propylene Glycol, Glycerine, Seaweed Extract, Carbomer 941, Hydrogenated Jojoba Oil, Polyethylene, Papain Extract, Bromelain, Triethanolamine, Natural Fragrant Oil, Sodium PCA, Methyl Paraben, Propyl Paraben.

### **S-105 Body Nourishing Seaweed Oil**

The Body Nourishing Seaweed Oil is a truly elegant oil. It helps to hydrate, nourish, and lubricate the skin with its natural blend of French seaweed oils, which are rich in vitamins and minerals. This exceptional oil leaves the skin feeling soothed, and moisturized, (with a non-oily after feel). Apply, then massage an even quantity over the entire body, until absorbed, leaving the skin with a velvety afterfe. Contains: Caprylic/Capric Triglyceride, Safflower Oil, Squalene, Sweet Almond Oil, Tocopherol Acetate, Oil Extracts of Laminaria Digitata and Spirulina, Hazelnut Oil, Natural Fragrant Oil, BHA/BHT. ▲ [GO TO TOP](#)

### **S-106 Conditioning Seaweed Masque (for body and scalp treatment)**

This is an exceptional hair, scalp, and body nourishing treatment. The Seaweed Conditioning Masque is rich in vitamins, marine extracts, minerals, and essential oils. This synergy helps to recondition the skin of the scalp, the hair, and the skin of the body through oxygenating and stimulating. Apply, then massage a generous amount of this cream masque onto the hair, scalp, and entire body. Allow the masque to moisturize for 5-10 min., then sponge off, or remove in the shower. The skin will feel significantly softer and supple. You can follow with the Body Nourishing Seaweed Oil, Body Nourishing Cream, or Body Hydrating Milk. Contains: Aloe Vera Gel, Infusate of Algae, Lavender and Jasmine, Propylene Glycol, Magnesium Aluminum Silicate, Laminaria Digitata, Seaweed Extract, Spirulina Extract, Cetyl Alcohol, Stearyl Alcohol, Glycol Stearate, Glycerin, Chamomile Extract, Dead Sea Salts, Cetrimonium Chloride, Squalene, Almond Oil, Keratin Oil, d-Panthenol, Retinyl Palmitate, Natural Fragrant

Oils, Tocopherol, Methyl Paraben, Propyl Paraben.

### **S-107 Mineral Earth Body Treatment Masque**

The Mineral Earth Body Treatment Masque is a deep remineralizing, moisturizing, and toning treatment for the entire body. It cleanses, absorbs excess oils, and draws out impurities from the skin. This is due to a blend of minerals, natural earth, and volcanic ash powders. It helps to restore firmness and elasticity with a unique blend of vitamins, amino acids, extracts, and humectants.

Apply, a thin layer, with gentle circular massage motions onto the entire body. Allow to dry for 10-15 minutes.

Remove with moist, warm sponge or rinse off in the bath or shower. Follow the treatment with our Body Nourishing Seaweed Oil, Aloe Vera Hydrating Body Gel, or Body Nourishing Cream for silky feeling skin.

Contains: Aloe Vera Gel, Decyl Oleate, Squalene, Diatomaceous Earth, Fullers Earth, Dimethicone, Cetyl Alcohol and Laureth-10, Carbomer-934, Soap Wort and Marshmallow Extracts, Camellia Oil, Disodium EDTA, Triethanolamine, Sodium PCA, Hexylene Glycol and Glucose and Fructose and Sucrose and Urea and Dextrin and Alanine and Glutamic Acid and Aspartic Acid and Hexyl Nicotinate, Tocopheryl Acetate, Natural Fragrant Oil Diazolidinyl Urea. ▲ [GO TO TOP](#)

### **S-108 Eucalyptus Body Soak**

The Eucalyptus Body Soak is an essential treatment for the feet, hands, and the entire body. The feet and hands are continuously subjected to abusive conditions, resulting in tired and dull skin. The Eucalyptus Body Soak exhibits extensive soothing and cooling properties, which assist in calming and conditioning the skin of the feet, hands, and the rest of the body. Eucalyptus, teatree, and lavender oils provide antiseptic and calming effects, while natural glycolic acid provides gentle exfoliation. In addition, beneficial concentration of sea salts provides minerals and trace elements for the skin. These gentle cleansing, conditioning, and re mineralizing agents will leave the skin feeling cleansed and revived. Add to warm water for a foot or hand soak, or add directly to running bath water for an all-over relaxing body soak. You can use any one of the following products after a soaking, to achieve a terrific moisturizing treatment: Body Hydrating Milk, Body Nourishing Seaweed Oil, Aloe Vera Hydrating Body Gel, Or the Body Nourishing Cream for smooth and silky feeling skin. Contains: Deionized Water, Aqueous extract of Horse Chestnut and Rosemary leaves, Sodium Laureth Sulfate, Cocamidopropyl Hydroxysultaine and Erucamidopropyl Hydroxysultaine and PEG-150 Pentaerythrityl Tetrastearate, Cocamideopropyl Betaine, Dimethicone Copolyol, Aloe Vera Extract, Allantoin, Glycolic Acid, Vitamin B-Yeast Extract, Tea Tree Oil, Eucalyptus Oil, Lavender Oil, Dead Sea Salts, Mica, Methyl Paraben, Propyl Paraben.

### **S-109 Body Massage Gel**

The Body Massage Gel is an oil-free professional massage gel that is ideal for all skin types (it will not promote acne in oily skin). It is exceptional for prolonged luxurious massages. The Body Massage Gel Leaves skin clear with a soft after-feel. The Body Massage Gel is a superb massaging aid to relieve sore muscles or improve circulation to areas which are cellulite prone. Contains: Deionized Water, Aloe Vera Gel, Carbomer 941, Propylene Glycol, Pacific Sea Kelp Extract, Angelica Root Extract, Polysorbate-20, Triethanolamine, Natural Fragrant Oil, Methyl Paraben, Propyl Paraben.

### **S-110 Body Massage Cream**

This professional Body Massage Cream is perfect for deep massaging. It creates a smooth, non-oily after-feel that leaves the skin soft and soothed. Natural Azulene helps to calm and soothe irritated skin, due to its antibacterial properties.

Apply in circular massaging motions onto the skin. Any excess can easily be removed with water. Contains: Hydrogenated Vegetable Oil, Squalene, Aloe Vera Gel, Dimethicone, Sorbitan Tristearate, Steareth-2, Propylene Glycol, Carrot Oil, Guaiazulene, Disodium EDTA, Methyl Paraben, Propyl Paraben. ▲ [GO TO TOP](#)

### **S-111 Aloe Vera Hydrating Body Gel**

The Aloe Vera Hydrating Body Gel is a superior soothing and moisturizing gel made with 100% natural aloe vera juice and herb extracts. It is a versatile gel that can be applied daily to the face and body, or it can be used as a before-and-after sun soother. By using this product, your skin will attain maximum benefits from the combination of aloe vera and herbs. After cleansing and exfoliating the skin, apply a thin layer onto the face and body. Massage onto the skin until the skin is left with a velvety after-feel. You can follow with the Body Hydrating Milk, Body Nourishing Seaweed Oil, or Body Nourishing Cream. Contains: Aloe Vera Gel, St. John's Blossoms Extract, Arnica Blossom Extract, Calendula Blossom Extract, Carbomer 940, Triethanolamine, Methyl Paraben, Chlorophyll, Natural Fragrant Oil.

### **S-112 Body Nourishing Cream**

The Body Nourishing Cream is a rich body moisturizer, and an effective softening nourishment treatment. It works as a soothing body conditioner that helps to protect the skin from drying out. With regular use, it helps to

regenerate the elasticity of the skin, as well as helps to improve it's firmness. The Body Nourishing Cream includes beneficial fine oils, and vitamins A,D3,E. Contains: Deionized Water, Decyl Oleate, Stearic Acid, Castor Oil, Olive Oil, Cetyl Alcohol, Ceteareth-20, Dimethicone, Triethanolamine, Propylene Glycol, Tocopheryl Acetate, Retinyl Palmitate, Octyl Methoxycinnamate, Carbomer-934, Disodium EDTA, Natural Fragrant Oil, BHA/BHT.

#### **S-501 Calming Mint Gel**

Calming Mint Gel (S-501) helps to reduce and improve the appearance of unsightly razor bumps, razor burn, and ingrown hairs from shaving, electrolysis, and waxing. It helps to soothe, soften, and condition the skin, while protecting against irritation. Great for women's bikini lines, underarms, legs, and men's face, neck and back of the head.

Directions: After shaving, waxing or when needed, apply onto palm, rub gently to effected area. Apply morning and night until effected area is clear. Continue using as needed to maintain cleaner and smoother skin.

Ingredients: Deionized Water, Aloe Vera Gel, Propylene Glycol, SD Alcohol 40B, Calendula Blossoms Extract, Carbomer 940, Acetyl Salicylic Acid, Peppermint Oil, Tea Tree Oil, Lavender Oil, Triethanolamine, Polysorbate 2 Hydroxyethyl Cellulose, Menthol, Camphor, Allantoin, Methyl Paraben, Propyl Paraben, Chlorophyll.

Caution: For external use only. Do not use if allergic to Aspirin. Avoid contact with eyes and mucous membranes. Keep out of reach of children. Use only as directed. ▲ [GO TO TOP](#)

#### **S-515 Micronized Seaweed Powder for Body Wrap**

This is a natural fortifying and slimming treatment for the entire body. Micronized French seaweed blended with fine powdered minerals, clays, and plants provide trace minerals and vitamins necessary to detoxify, stimulate, and nourish the skin. The presence of polysaccharides and laminaria seaweed help to improve the moisture level in the skin.

Mix Seaweed powder with hydrating gel or toner (one that is appropriate for the client's skin type) for a detoxifying slimming, and toning wrap. Mix seaweed powder with hydrating body milk, seaweed oil, or hand and body cream lotion for a nourishing and revitalizing wrap. Mix powder to creamy consistency. Mask should be applied slightly warm or at room temperature. Follow with wrapping the body in warm blankets to retain body heat and activate the skin to receive treatment. Contains: Kaolin, Bentonite, Micronized Laminaria Digitata and Lithothamnium Calcareum Algae (sterilized), Zinc Oxide, Powdered Aloe Vera.

#### **S-519 Bath Salt Crystals with Essential Oils**

Natural French Salt Crystals are well known for their soothing and relaxing effect on the body. Aromatherapy blend of pure essential oils and plant extracts help to further relieve and condition tired skin and muscles. Pour one or two scoops of salt into running bath water. Contains: Natural French Salt Crystals, Natural Essential Oils, Horsetail Extract, Chamomile Extract, Seaweed Extract.

#### **S-521 Dead Sea Salts with Algae**

Pure Dead Sea Salts are prized for their high levels of minerals, seaweed, and algae. This combination of salt and seaweed has a high concentration of calcium, iodine, magnesium, and potassium. These essential minerals all work together to help reduce inflammation and stress, while assisting in detoxification and re-hydration of the skin. Contains: Dead Sea Salt, Laminaria Digitata, Natural Fragrant Oils.

#### **108 Aroma Bath and Shower Gel**

This special Aroma Bath & Shower Gel gently and thoroughly cleanses the body with a moisturizing base that helps protect the skin from drying out. Smooth Aroma Bath on the body with moistened hands, washcloth, or sponge, gently lather, then rinse. Contains: Aloe Vera Gel, Sodium Laureth Sulfate, Cocamidopropyl Hydroxysultaine and Erucamidopropyl Hydroxysultaine and PEG-150 Pentaerythrityl Tetrastearate, Oleyl Betain, Propylene Glycol, d-Panthenol, Natural Mineral Salts, Seaweed Extract, Chamomile Extract, Natural Fragrant Oils, Witch Hazel Extract, Methyl Paraben, Allantoin, Citric Acid, Propyl Paraben.

#### **450 Hand and Body Cream Lotion**

Hand and Body Cream Lotion is an effective softening lubricant and nourishing treatment for the hands, arms, legs and all over the body. Used daily, it helps to regenerate and improve the elasticity of the skin. For best results apply daily to help seal in moisture. Contains fine oils, vitamins A, D3, E. Contains: Deionized Water, Decyl Oleate, Stearic Acid, Castor Oil, Olive Oil, Cetyl Alcohol, Ceteareth-20, Dimethicone, Triethanolamine, Propylene Glycol, Octyl Methoxycinnamate, Carbomer-934, Disodium EDTA, Natural Fragrant Oil, BHA/BHT. ▲ [GO TO TOP](#)

#### **451 Azulen Hand and Body Oil**

This is an effective skin-softening, lubricating and sun-tan blend of natural oils for the hands, arms, legs, and all over the body. It contains azulene and just enough sun-screen to help form a glowing tan. Applied daily, it helps


to regenerate and restore the elasticity of the skin and helps to improve its firmness. It is also recommended an after-wax treatment oil and facial/body massage oil. Caution: This product is not a sunscreen, therefore use caution when in the sun. Contains: Vegetable Oil, Castor Oil, Olive Oil, Avocado Oil, Hydrogenated Polyisobutyl, Sweet Almond Oil, Retinyl Palmitate (Vitamin A), Octyl Methoxycinnamate, Benzophenone-3, Natural Fragrant (Guaiazulene, BHA/BHT).


### **G-333 Glycolic Hand and Body Lotion**


This is an effective soothing, moisturizing, and conditioning cream-lotion for the hands, arms, legs and all over the body. Applied daily it effectively helps to accelerate the exfoliation of the skin's dead cells, and diminish superficial sun damage. Contains Just enough sun-screen for light sun exposure and partially neutralized glycolic acid to accelerate skin exfoliation. Available without fragrant oil or available in your choice of fruit, citrus, peach, coconut-pineapple fragrant oils. Contains: Aloe Vera Gel, Propylene Glycol, Hydrogenated Polyisobutane, Glycolic Acid, Ammonium Hydroxide, Hydroxyethylcellulose, Hyaluronic Acid, Benzophenone-3, Sodium PCA, Cetyl Alcohol, Stearyl Alcohol, Emulsifying Wax, Dimethicone, Squalane, Methyl Paraben.


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